# **Wiesner Clamp FAQs**

## 1. Do you have any tips or guidelines for using the Wiesner Incontinence Clamp?

- Try to loosen your incontinence clamp every 1 to 2 hours to urinate. This is very important to prevent urinary tract infections.
- Each time you urinate, try to reposition the incontinence clamp a little higher up or lower down the shaft of your penis.
- Do not overtighten the clamp because the heightened pressure could interfere with blood circulation or cause skin irritation.
- Remember that directing just a little pressure on the urethral canal will prevent any urine leakage.
- It is important that you maintain adequate sensation in your penis so you can feel if the device becomes painful or irritating.
- Inspect your incontinence clamp for signs of deterioration or damage after using it for a while in order to prevent embarrassing accidents.
- Keep the incontinence clamp centered on your penis at all times, since this is the position that ensures maximum comfort and effectiveness.

# 2. Do you have more detailed instructions for putting on the Wiesner Incontinence Clamp?

- Be sure to wash your hands and dry them with a towel.
- Open the incontinence clamp by releasing the catch and lifting up the top part.
- Place your penis between the silicone rubber pads with the incontinence clamp about halfway down the shaft of your penis and the catch release facing up.
- Latch the incontinence clamp to compress your urethra at the level that's comfortable to you, and be sure to center the device so the raised portion sits just below the urethral canal. You will feel a slight amount of pressure, which will prevent any urine leakage.
- To urinate, release your incontinence clamp by pulling back the catch and lifting up the top part.
- After you've finished urinating, put the incontinence clamp back on again, preferably on a slightly different part of your shaft.

## 3. What are your recommendations for cleaning the clamp?

The Wiesner Incontinence Clamp is made of a plastic frame and two medical-grade silicone rubber pads that will not absorb liquid. Simply wash the clamp by hand using mild soap and warm water and dry it with a towel or let it air-dry. Your clamp can be used again immediately.

## 4. How small is the Wiesner Incontinence Clamp?

The Wiesner Incontinence Clamp is 3 inches long, 1.5 inches wide and .5 inches thick, with a hollow plastic construction, making it extremely lightweight and comfortable.

#### 5. Does the Wiesner Incontinence Clamp affect circulation or sensation?

The Wiesner Incontinence Clamp is a whole new approach to Male Incontinence Care. Our design team has done extensive analysis of the penis anatomy in order to produce an incontinence clamp that is both effective and comfortable.

The raised portion on the bottom part of the clamp applies pressure to the urethra, controlling the flow of urine, while the top part of the clamp is designed to release pressure, allowing correct blood circulation and ensuring maximum comfort.

## 6. Can I use the Wiesner Incontinence Clamp in a pool or hot tub?

Yes! The plastic construction and silicone rubber pads should not be affected by any of the chemicals used in pools or hot tubs. Be sure to wash and dry the clamp properly before using it again.

# 7. How do I know if the Wiesner Incontinence Clamp is positioned correctly?

When the clamp has been placed in the right position and comfortably fastened, you will become unaware of its presence.

### 8. Can I adjust the pressure on the Wiesner Incontinence Clamp?

The Wiesner Incontinence Clamp is fully adjustable. The latching mechanism has 4 different levels so you can achieve the right amount of pressure to prevent urine leakage without causing discomfort.

## 9. What is included with the Wiesner Incontinence Clamp?

Every Wiesner Incontinence Clamp comes complete with the clamp, easy-to-read instructions and a convenient pouch for carrying and keeping your clamp clean.