



Trulife FAQ

Q: How is a breast form made?

A: Breast forms are individually crafted and handmade by a dedicated team of production specialists at Trulife's manufacturing plant in Dublin, Ireland. Some of these people (pictured right) have many many years of experience in making breast prostheses and take great pride in what they do, restoring confidence to thousands of women around the world every day.

Q: How do I care for my Trulife Breast Form?

A: Treated carefully, your breast form can last for many years. Treat it as you would your own skin. Be careful not to puncture or tear it with sharp objects, and wash it daily in lukewarm water with a mild soap such as TruKleen to remove dirt and residue from oils or perspiration. Try not to use powder, lotions or perfume near your breast form. Wear a bra that fits you properly and does not force the breast form into a different shape. If the bra is too small it can cause the silicone to deteriorate and eventually make the form un-wearable. When not being worn, store your breast form in its original box to help maintain its shape and protect from accidental harm.

Q: What if my breast form needs to be replaced?

A: Generally, your breast form will need to be replaced every two to three years. Changes in your weight or body shape may mean you need a new size or shape to suit you better, or perhaps your current form is just showing the wear and tear signs of age.

Q: Are there special care instructions for the adhesive breast form?

A: The product MUST be washed after each wear. With proper care and maintenance it could last up to 24 months. It is vitally important to clean the product after EVERY wear - this rejuvenates the adhesive. Any mild non perfumed soap is fine. For the adhesive to work to its full potential the chest wall must be totally clean and dry. Lotions/creams/oils/perfume/powders should not be used.

Q: How do I care for my Trulife Bra?

A: Trulife bras feature quality fabrics, components, and construction. We recognise that every woman is an individual with very unique needs and desires. That is why our wide selection of styles and sizes are specially designed to incorporate features that accommodate specific needs

following breast surgery. Proper care will prolong the life of Trulife bras and provide lasting comfort, security and an overall natural look and feel. We recommend hand washing in warm water with mild soap such as TruKleen. Hang until completely dry for the best results. Avoid using fabric softeners when bra contains CoolMax fabric.

Q: Will I need to wear a different kind of bra?

A: The most important thing is to choose a bra that fits properly and supports the weight of your breast form and breast adequately. You might feel more secure wearing a pocketed mastectomy bra that is designed to hold a breast form. There are many beautiful styles to choose from, including underwire styles, depending on which you prefer.