

ALLEVYN can adapt, even to the most challenging body parts.

People have lumps and bumps. They have curves, folds and awkward bits.

We understand that you are often presented with wounds in difficult to dress areas of the body and we appreciate the challenges they bring.

We recognise the importance to your patient of having a dressing that remains in place despite the awkward position of their wound.

Shared here are ideas from your colleagues on how to get the best from ALLEVYN to help gain control of difficult to dress wounds.



Adhesive Heel Dressing



Take an ALLEVYN Sacrum dressing 17cm x 17cm. Cut 2 incisions either side of the dressing approximately 2 inches deep. Ensure incisions are angled upwards as shown.



Ensure surrounding skin is dry. Place the rounder end of the dressing onto the bottom of the heel. Ensure the incisions made in the dressing are at the very end of the heel.



Place the remainder of the dressing onto the back of the heel. Ensure the dressing is flush to skin. Smooth edges all around.

Glove Dressing for Hand



Take an ALLEVYN Heel dressing and make 4 equidistant incisions into the arch of the dressing. Incisions should be approximately 1.5cm deep dependant of finger size.



Place the dressing over the hand. Feed the fingers through the 4 incisions made. Ensure dressing is snug.



To secure apply OPSITE[®] Flexifix to the bottom of the dressing at the base of the palm. This will catch the back and front of the dressing. Ensure OPSITE Flexifix forms a border to the dressing and does not cover ALLEVYN Heel completely.

Between Toe Dressing



Take an ALLEVYN Non-Adhesive dressing 5cm x 5cm. Fold the dressing in half. Make 2 incisions into the dressing 1cm/2cm apart.



Feed the toes into the incisions made. Ensure there is enough dressing between the toes.



Secure in place with OPSITE Flexifix. Ensure OPSITE Flexifix forms a border to the dressing and does not cover ALLEVYN Non-Adhesive completely.

Adhesive Elbow Dressing



Take an ALLEVYN Sacrum dressing 17cm x 17cm. Cut 2 incisions either side of the dressing approximately 2 inches deep. Ensure incisions are angled upwards as shown.



Ensure surrounding skin is dry. Place the rounder end of the dressing onto the back of the elbow. Ensure the incisions made in the dressing are at the end of the elbow.



Place the remainder of the dressing on the rest of the elbow/underside of the arm. Ensure dressing is flush to skin. Smooth edges all around.

Adhesive Finger Dressing



Take an ALLEVYN Adhesive dressing 7.5cm x 7.5cm and turn diagonally. Ensure surrounding skin is dry. Place the finger on the corner edge of the dressing.



Lift the dressing over the tip of the finger. Turn the finger over and secure the corners across the finger in turn.



Ensure dressing is flush to the skin without wrinkles. Smooth edges all around.

Adhesive Toe Dressing



Take an ALLEVYN Adhesive dressing 7.5cm x 7.5cm and turn diagonally. Ensure surrounding skin is dry. Place the toe on the corner edge of the dressing.



Lift the dressing over the tip of the toe. Turn the edges of the dressing across the back of the toe.



Ensure the dressing is flush to the toe. Smooth edges all around.

Adhesive Under Breast Dressing



Take an ALLEVYN Adhesive dressing 12.5cm x 22.5cm. Make 2 slim triangular incisions into the width of the dressing. These should be approximately 4cm deep.



Ensure surrounding skin is dry. Lift the breast if necessary and place the dressing onto the skin. The incisions made will allow the dressing to fit the curved contour. If more flexibility is necessary make the incisions deeper.



Ensure the dressing is flush to the skin. Smooth edges all around.