

## **Product Information: Similac® Alimentum®**

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# Similac® Alimentum®

## Hypoallergenic infant formula with iron



- 1 A 20 Cal/fl oz, nutritionally complete, hypoallergenic formula for infants, including those with colic symptoms due to protein sensitivity, food allergies, or sensitivity to intact protein. Appropriate supplemental beverage for children with food allergies, or sensitivity to intact protein.
- 1 First and only hypoallergenic extensively hydrolyzed casein-based infant formula with 2'-FL for immune support.
- 1 Starts reducing excessive crying due to cow's milk protein sensitivity in most infants within 24 hours.\*
- 1 Hypoallergenic; contains a predigested protein to virtually eliminate allergic reactions in most babies who are allergic to cow's-milk protein.
- 1 Hydrolyzed casein supplemented with free amino acids for infants who are sensitive to or unable to digest intact protein.
- 1 A unique blend of carbohydrates using two different absorptive pathways to help maximize absorption and minimize malabsorption risks.
- 1 Has 2'-FL HMO a unique immune-nourishing prebiotic also found in breast milk.
- 1 Made with oils that have been shown to be well absorbed.<sup>1</sup> Approximately 33% of the fat as medium chain triglycerides (MCTs).
- 1 DHA and ARA, special nutrients found in breast milk that are important for brain and eye development.<sup>2,3,4</sup>
- 1 OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient to support developing cells.
- 1 Gluten-free.
- 1 Ready to feed formula is corn-free.

### Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

\* Based on a clinical study with Alimentum® Ready To Feed without DHA, ARA, beta-carotene, lutein and 2'-FL HMO in a small group of infants experiencing colic symptoms due to a cow's milk protein sensitivity Data on file, Study AC84, August 2004. Abbott Nutrition, Columbus, OH.

<sup>1</sup> Fomon SJ. Nutrition of Normal Infants. St. Louis, Mosby-Year Book, Inc; 1993, pp 152-153.

<sup>2</sup> Auestad N, et al. Pediatrics. 2001;108:372-381.

<sup>3</sup> Auestad N, et al. Pediatrics. 2003;112:e177-e183.

<sup>4</sup> Scott DT, et al. Pediatrics. 1998;102(5):e59.

### Ingredients

#### Powder Unflavored:

Corn Maltodextrin (35%), Casein Hydrolysate [Derived from Milk] (18%), Sugar (15%), High Oleic Safflower Oil (10%), Medium Chain Triglycerides (10%), Soy Oil (8%). Less than 2% of: 2'-Fucosyllactose [Derived from Milk]<sup>\*</sup>, Lutein, Beta-Carotene, C. Cohnii Oil<sup>†</sup>, M. Alpina Oil<sup>‡</sup>, Calcium Phosphate, DATEM, Potassium Citrate, Xanthan Gum, Magnesium Chloride, Monoglycerides, Ascorbic Acid, Salt, L-Cystine Dihydrochloride, Calcium Carbonate, Potassium Chloride, L-Tyrosine, L-Tryptophan, Choline Chloride, Ferrous Sulfate, Taurine, Inositol, Ascorbyl Palmitate, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Mixed Tocopherols, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Potassium Hydroxide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Vitamin B12.

<sup>\*</sup> 2'-FL, is derived from milk, but does not contain milk protein.

<sup>†</sup> Source of DHA.

<sup>‡</sup> Source of ARA.

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Availability

| List Number | Item   |
|-------------|--|
| 57512       | Similac Alimentum Ready to Feed / 32 fl oz (946 mL) Bottle / 6 ct            |
| 59738       | Similac Alimentum Ready to Feed / 2 fl-oz (59 mL) Bottle / 48 ct             |
| 64715       | Similac Alimentum Powder / 12.1 oz (343 g) Can / 6 ct                        |
| 64719       | Similac Alimentum Powder / 19.8 oz (561 g) Can / 4 ct                        |
| 67637       | Similac Alimentum Ready To Feed / 2 fl oz (59 mL) Bottle / 48 ct             |
| 67703       | Similac Alimentum Ready to Feed / 2 fl-oz (59 mL) Bottle w Nipple / 3 x 8 ct |

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Nutrition Information - Powder Unflavored

|                               | 100 Cal (5 fl oz, prepared as directed) |            | 1000 mL (1.1 QT, prepared as directed) |            |
|-------------------------------|---|------------|--|------------|
|                               | Value                                   | %RDI / %DV | Value                                  | %RDI / %DV |
| Calories                      | 100                                     |            | 676                                    |            |
| Volume, mL                    | 148                                     |            | 1000                                   |            |
| Protein Equivalent, g         | 2.75                                    |            | 18.6                                   |            |
| Fat, g                        | 5.54                                    |            | 37.47                                  |            |
| Carbohydrate, g               | 10.2                                    |            | 69.0                                   |            |
| Water, g                      | 133                                     |            | 899                                    |            |
| Linoleic Acid, mg             | 800                                     |            | 5408                                   |            |
| Vitamin A, IU                 | 300                                     |            | 2029                                   |            |
| Vitamin D, IU                 | 60                                      |            | 406                                    |            |
| Vitamin E, IU                 | 3.0                                     |            | 20.3                                   |            |
| Vitamin K, mcg                | 8                                       |            | 54.08                                  |            |
| Thiamin (Vitamin B1), mcg     | 60                                      |            | 406                                    |            |
| Riboflavin (Vitamin B2), mcg  | 90                                      |            | 609                                    |            |
| Vitamin B6, mcg               | 60                                      |            | 406                                    |            |
| Vitamin B12, mcg              | 0.45                                    |            | 3.04                                   |            |
| Niacin, mcg                   | 1350                                    |            | 9130                                   |            |
| Folic Acid (Folacin), mcg     | 15                                      |            | 101                                    |            |
| Pantothenic Acid, mcg         | 750                                     |            | 5072                                   |            |
| Biotin, mcg                   | 4.5                                     |            | 30.4                                   |            |
| Vitamin C (Ascorbic Acid), mg | 9.0                                     |            | 61                                     |            |
| Choline, mg                   | 12                                      |            | 81                                     |            |
| Inositol, mg                  | 5                                       |            | 33.8                                   |            |
| Calcium, mg                   | 105                                     |            | 710                                    |            |
| Calcium, mEq                  | 5.2                                     |            | 35.4                                   |            |
| Phosphorus, mg                | 75                                      |            | 507                                    |            |
| Magnesium, mg                 | 7.5                                     |            | 50.7                                   |            |
| Iron, mg                      | 1.8                                     |            | 12.17                                  |            |
| Zinc, mg                      | 0.75                                    |            | 5.07                                   |            |
| Manganese, mcg                | 8                                       |            | 54                                     |            |
| Copper, mcg                   | 75                                      |            | 507                                    |            |
| Iodine, mcg                   | 15                                      |            | 101                                    |            |
| Selenium, mcg                 | 2                                       |            | 13.52                                  |            |
| Sodium, mg                    | 44                                      |            | 298                                    |            |
| Sodium, mEq                   | 1.9                                     |            | 12.9                                   |            |
| Potassium, mg                 | 118                                     |            | 798                                    |            |
| Potassium, mEq                | 3.0                                     |            | 20.3                                   |            |
| Chloride, mg                  | 80                                      |            | 541                                    |            |
| Chloride, mEq                 | 2.3                                     |            | 15.5                                   |            |

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Preparation

Instructions for Use:

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils. Pour water into clean bottle.
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water. Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple. **Once feeding begins, use within 1 hour or discard.**

Storage

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2 fl oz bottle

- 1 Do not add water.
- 1 Do not use if breakaway ring is missing or broken.
- 1 Shake very well.
  - 1 Twist off cap.
  - 1 Twist on nipple and ring.
    - 1 Use clean hands to attach nipple and ring.
    - 1 Use sterile nipple and ring if directed.
- 1 Once oral feeding begins, **use within 1 hour or discard.**

1 QT bottle

- 1 Do not use if band around cap or inner foil seal is damaged.
- 1 Do not add water.
  - 1 Shake well before each use. Remove protective band; twist off and clean cap.
  - 1 Invert cap; press down to pierce foil, then turn cap a half turn. Remove foil.
  - 1 Pour formula into bottle; attach clean nipple. Once feeding begins, **use within 1 hour or discard.**
- 1 Prepare and feed all formula from the container within 2 days after opening.

Storage

2 fl oz bottle

- 1 Avoid prolonged exposure to light.
- 1 Store unopened bottles at room temperature; avoid extreme temperatures.
- 1 Store in carton until ready for use.

1 QT bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.