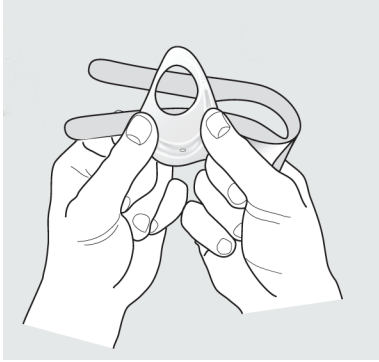




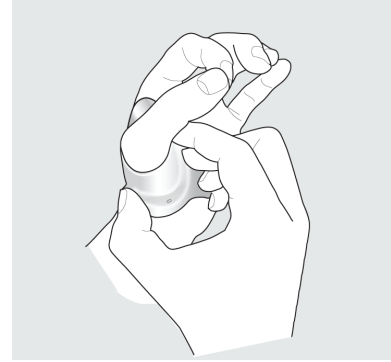
The Secret is in the Squeeze!

Fitting your Push® MetaGrip®

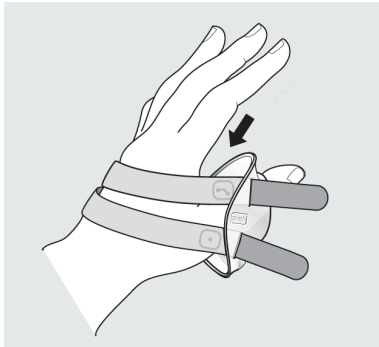
1. Before applying your MetaGrip, gently bend the metal insert SLIGHTLY outward.



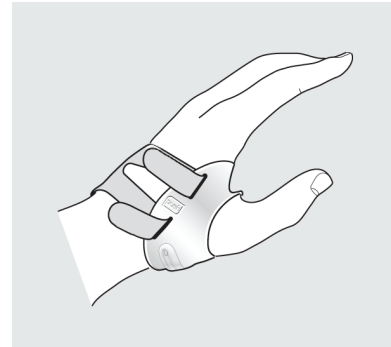
4. While making "O" shape, SQUEEZE metal insert firmly to fit snugly around thumb muscles.



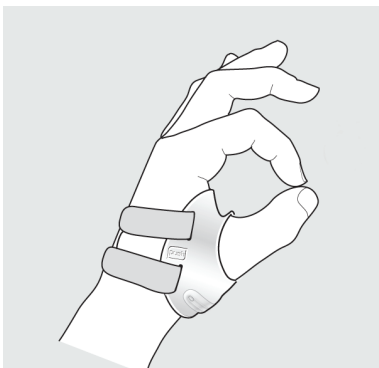
2. Place the MetaGrip over your thumb as far down as possible. Gently, but firmly, close each strap. *Be sure to avoid overtightening.*



5. The MetaGrip is not designed to cover the CMC joint (base of thumb). Squeezing the brace supports the CMC joint and maintains proper alignment.



3. Make an "O" shape with index finger and thumb, keeping thumb muscles relaxed.



CARE: Hand or machine wash in mesh bag on gentle cycle/warm water. Air dry. *Never place in dryer or dishwasher.*