PowerPlay™ Cold & Compression Shoulder Wrap
INSTRUCTIONS FOR USE
PRODUCT #: **PPSH-59**

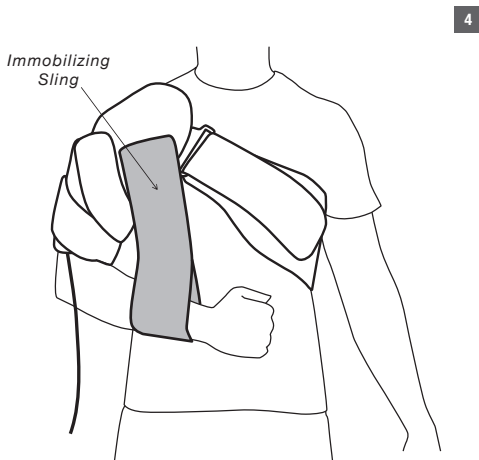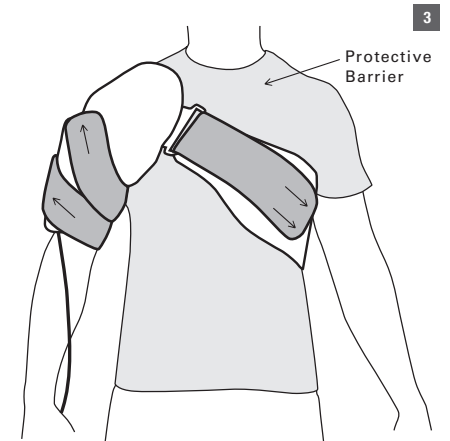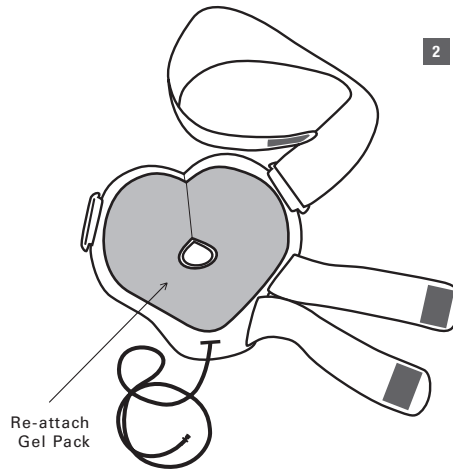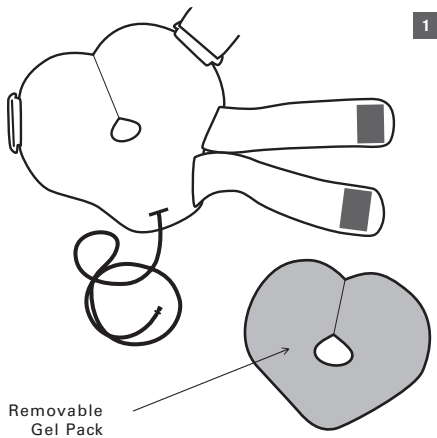1. Remove optional gel pack and place in freezer for a minimum of 1 hour.
   NOTE: Each time the gel wrap thaws, refreeze for 1 hour.

2. Remove gel from freezer, re-attach gel pack on the inside of the wrap.

3. Make sure to keep a protective thin cloth barrier between the skin and gel pack. Place the wrap on the shoulder and secure the two shorter straps around the arm to achieve a snug fit. Take the longer strap and thread through the back clip so that it attaches across the back, under the unaffected arm and across the chest. Thread through clip and secure with tabs.

4. Once the wrap is secure, secure the optional immobilizing sling to the front portion of the wrap. Place your wrist through the loop so that it comfortably approximates the arm at a 90° angle.

5. Connect the hose to a port on the PowerPlay pump. Press the Power button to turn on the unit.

6. Press the Pressure Set button associated with that port until the desired pressure (50 mmHg, 55 mmHg, 60 mmHg, 65 mmHg, 70mmHg) appears on the display.
   NOTE: Pressure cannot be altered during an inflation cycle.

1

Removable
Gel Pack

2

Re-attach
Gel Pack

3

Protective
Barrier

4

*Immobilizing
Sling*

5

Power

Port

6

Select Port
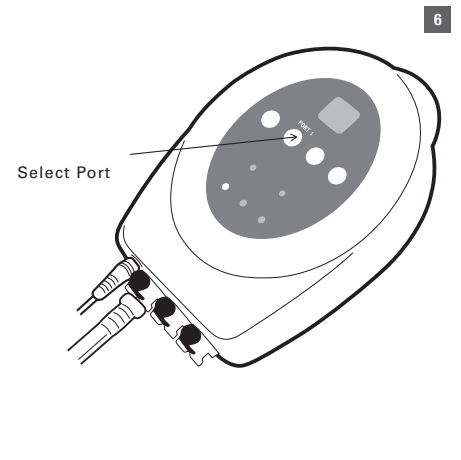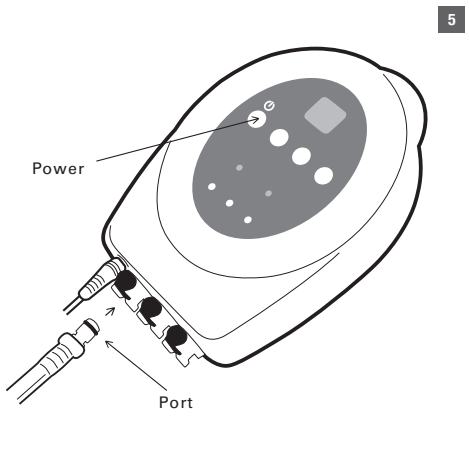
For questions about this product, call **855-PWR-PLAY** (855-797-7529)

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