

## PowerPlay<sup>™</sup> Cold & Compression Knee Wrap

## **INSTRUCTIONS FOR USE**

PRODUCT #: PPKN-58

- Remove optional gel pack and place in freezer for a minimum of 1 hour.
  - NOTE: Each time the gel wrap thaws, refreeze for 1 hour.
- Place a protective barrier between the gel pack and the skin. A cloth sleeve is included in your package. Any thin cloth barrier will be effective. Remove gel from freezer, velcro the gel wrap on the inside of the brace.
- 3. Place the brace over the knee and secure the two straps around the knee to achieve a snug fit.

- 4. Connect the hose to a port on the PowerPlay pump. Press the Power button to turn on the unit.
- Press the Pressure Set button associated with that port until the desired pressure (50 mmHg, 55 mmHg, 60 mmHg, 65 mmHg, 70mmHg) appears on the display.

NOTE: Pressure cannot be altered during an inflation cycle.











