

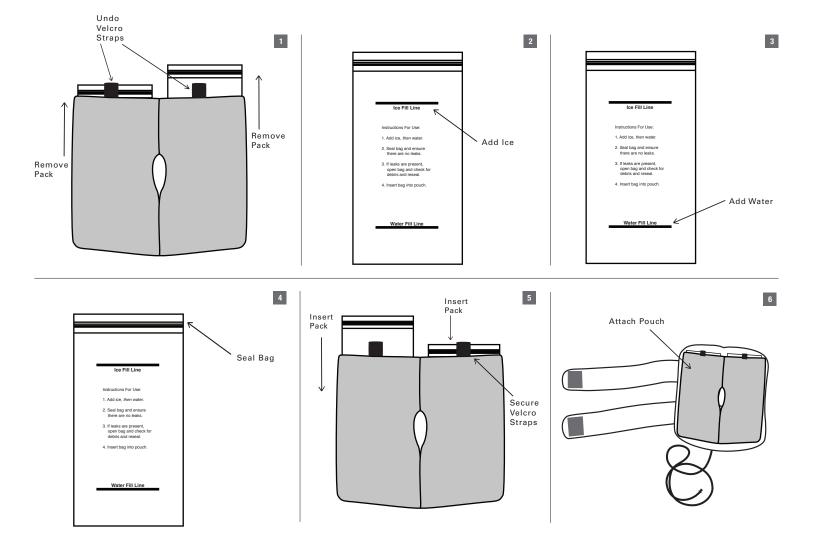


Ice Pack for Knee / Elbow / Hip

INSTRUCTIONS FOR USE

- Undo velcro straps from top of the nylon pouch and remove both clear ice packs from pockets.
- 2. Add ice FIRST to the "Ice Fill Line" indicated on each clear pack.
- 3. Add water to the "Water Fill Line" indicated on each pack.
- Seal the pack, removing excess air to extent possible and ensure there are no leaks. If leaks are

- present, open bag and check for debris, then reseal.
- 5. Insert each pack into pockets in the nylon pouch and secure velcro straps.
- 6. Attach Velcro side of nylon pouch containing filled ice packs to the inside of wrap. Be sure to use a thin cloth barrier between the skin and the ice pack.



For questions about this product, call 800.994.0464