

# ROM Products and Accessories



Performance & Value

## Shoulder Pulley

Effective and economical solution for ROM exercises.



Large, non-slip rubber like handles provide a comfortable grip.



Web strap fits securely between the door and the frame.



Smooth action pulley.



The **Norco™ Shoulder Pulley** is effective for home use to improve shoulder range of motion and coordination following injury or surgery. It is ideal for slow, passive stretching of the shoulder in all planes. An extensive exercise booklet is included to allow for customized treatment plans.

The Norco™ Shoulder Pulley sets up in minutes for use while seated, standing or lying down. Use the Norco™ Universal Door Bracket (NC52081 - Sold Separately) to hold pulley in place. Packaged in an attractive box for clinic display or patient direct purchase.

### Norco™ Shoulder Pulley NC52069



Manufactured by:  
North Coast Medical, Inc.  
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## Shoulder Pulley Economy Model

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Economical and great for home programs.

The **Norco™ Shoulder Pulley Economy Model** is easy to set up and ideal for performing shoulder ROM exercises. This shoulder pulley consists of a non-slip web door strap, a smooth action pulley mechanism, 8½ feet (2.6m) of easy to adjust cord and two textured non-slip handles. Latex-free.

**Norco™ Shoulder Pulley Economy Model**  
**NC52080**



For an optional way to attach the pulley to a door, use the **Norco™ Universal Door Bracket (NC52081)** - sold separately below.



## Universal Door Bracket

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Easy on, easy off. The over-door bracket simplifies exercising in the home or clinic.

The **Norco™ Universal Door Bracket** is constructed of steel with a black powder-coat finish. The point of attachment is angled away from the door to help prevent scratches to the door's surface. Works with both Norco Shoulder Pulleys to make a bracket mounted system. Accommodating doors up to 1¾" (4.4cm), the bracket provides a secure set-up for over-head ROM exercise programs.



**Norco™ Universal Door Bracket**  
**NC52081**

Optional foam pads are included to accommodate narrow doors.

