

## **Conditions Treatable with Circulation Promoter**

We understand that pain management and pain relief is important to you and want to make sure we've always answered all of your questions. If you have any additional questions about a condition or ailment that has not been answered below, always feel free to contact us @ HPFY. We are here to help you get on the road to living a pain free life.

Although DR-HO'S® Circulation Promoter does not diagnose, treat or prevent any disease, it can help with relieving the pain, muscle tension and poor circulation associated with many ailments. Over the past 20 years, we have received thousands of testimonials from happy customers whose lives have improved with the use of our products in conjunction with their clinical care.

Below are some of the ailments that DR-HO'S® Circulation Promoter is often used for:

### **FOOT, ANKLE, KNEE, AND HIP PAIN**

DR-HO'S Foot Relief Massage Pads help stimulate the nerves and muscles of the feet to give you a variety of soothing and relaxing massage sensations. Massaging the sole of the foot can help stimulate blood circulation and help relieve pain and tension related to your feet. For best results, we recommend you massage your feet prior to putting weight on them first thing in the morning, and again before bedtime.

For pain related to your ankle, just place the regular massage pads directly over the painful area of the ankle, massage it for at least 20 minutes at a time, 3 to 5 times a day until you get the desired relief. DR-HO'S Circulation Promoter helps to relieve the pain, promote circulation and relax the surrounding muscles.

We recommend massaging the painful knee and hip area(s) with the DR-HO'S Circulation Promoter 3 to 5 times per day, at least 20 minutes each time. You can use it as frequently as you like since there are no drugs or chemicals involved.

DR-HO'S Circulation Promoter is small and portable; you can take it with you to work or when you travel.

Anyone suffering with foot, ankle, knee, and hip pain should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.

## **HEADACHES**

Relaxing tight muscles can help stimulate the blood and nerve circulation to the head, and help reduce the pain associated with headaches. For over 10 years, thousands of headache sufferers have found tremendous relief for their pain and associated neck and shoulder muscle tension with the use of DR-HO'S Circulation Promoter. For best results, headache sufferers should massage the top area on both sides at the back of the neck while lying down.

Anyone suffering with headaches should consult their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure, or prevent any disease.

## **BACK PAIN**

By relieving the pain and muscle tension, back pain sufferers often note an increase in their lower back flexibility, the range of motion and strength. DR-HO'S Flex Tone Massage Pads are six (6) times larger than the original massage pads, and are specifically designed to provide more soothing power and deeper penetration to tense back muscles. Back pain sufferers have reported faster and more relief with their muscle tension and pain with DR-HO'S Flex tone pads. With chronic back pain, we recommend massaging the painful area(s) with the DR-HO'S Circulation Promoter 3 to 5 times per day for at least 20 minutes each time. You can use it as frequently as you like since there are no drugs or chemicals involved. Anyone suffering with back pain should consult with their doctor for proper diagnosis and treatment.

## **NECK & SHOULDER TENSION**

Many of Dr. Ho's patients who suffered from neck and shoulder pain combined their clinical treatment with the use of DR-HO'S Circulation Promoter for homecare. It helps relax the muscles, promote circulation and relieve the pain. That way, you can feel well in-between office visits. Most neck pain persists throughout the whole day and can worsen at night and on weekends when you sleep more. If neck pain and shoulder tension are causing you trouble sleeping, it is a great idea to massage your neck with the DR-HO'S Circulation Promoter prior to bedtime. There is an automatic shut-off timer built in, so you don't have to worry about falling asleep while getting a relaxing massage.

For best results, lay on your back with a neck roll supporting your neck while using DR-HO'S Circulation Promoter to massage your neck. The neck muscles are much more relaxed when lying down with your neck supported, and the neck roll holds the massage pads tight against the skin for best conduction.

Anyone suffering from neck and shoulder pain should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.

## **JOINT-RELATED PAIN**

DR-HO'S Circulation Promoter is scientifically proven to relax muscle tension, relieve pain and promote circulation. This device offers a safe, drug-free and fast relief for pain. For best results, it is recommended to take DR-HO'S Mobility supplement. This all-natural joint support supplement has been scientifically formulated with Glucosamine levels of 1500 mg and Chondroitin levels of 480mg. Both Glucosamine and Chondroitin help rebuild degenerated cartilage between joints and help reduce joint inflammation and pain. When used together, DR-HO'S Circulation Promoter and DR-HO'S Mobility can help provide tremendous relief for your joint-related pain.

Anyone suffering with joint-related pain should consult with their doctor for proper diagnosis and treatment.

## **REPETITIVE STRAIN INJURIES (R.S.I.)**

Using the DR-HO'S Circulation Promoter for home therapy in between your office visits to the therapist is very helpful for keeping you feeling well. DR-HO'S Circulation Promoter is scientifically proven to relax the muscles, promote circulation and relieve pain. With chronic pain, we recommend massaging the painful area(s) with the DR-HO'S Circulation Promoter 3 to 5 times per day, at least 20 minutes each time. You can use it as frequently as you like since there are no drugs or chemicals involved.

Anyone suffering with repetitive strain injuries (R.S.I.), cumulative stress injuries, carpal tunnel syndrome, and thoracic outlet syndrome should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.

## **SPORTS-RELATED INJURIES**

Thousands of amateur and professional athletes also use and trust DR-HO'S Circulation Promoter. Many professional athletes such as Major League Baseball all-star Mr. Gary Sheffield, National Hockey League player Mr. Brad May and USA Olympian Silver medalist Mr. Tony Dees have all experienced incredible results with DR-HO'S Circulation Promoter. Whether you are a professional athlete or a weekend warrior pushing your body to the limit on a regular basis, you will find DR-HO'S Circulation Promoter to be an asset to your game. DR-HO'S Circulation Promoter can help reduce any muscle tension and to help promote the circulation within the muscle. It is also recommended to use DR-HO'S Circulation Promoter to massage your tired and achy muscles following a game or workout. This helps relax tense muscles, relieve any pain and promote circulation. Improved blood circulation has been reported to enhance recovery.

Anyone suffering with sports injuries should consult their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.

## **GENERAL ACHES AND PAIN**

Combine clinical treatments with DR-HO'S Circulation Promoter. Most acute and chronic pain will respond well to treatments that can relax the muscles quickly. Massage therapy, chiropractic, and physiotherapy all work to relax the muscles, restore alignment and movement in the joints. Medication can sometimes help but there are potentially harmful side effects that can outweigh the potential benefits. If you suffer from any unwanted side effects from your medication, inform your doctor and ask for alternatives.

Combining clinical treatment with DR-HO'S Circulation Promoter for homecare makes good sense. Use the DR-HO'S Circulation Promoter in-between your clinical visits to relax the muscles, relieve the pain and promote circulation. This will help you feeling well in between office visits and aid the overall progress.

In a separate study conducted by an automotive parts manufacturing facility, the use of DR-HO'S Circulation Promoter by its workers helped to reduce health cost to the company. The use of the Circulation Promoter also helped decrease employees' sick leaves due to repetitive strain injuries to the lower back, neck, shoulders and other areas.

Anyone suffering with pain should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.

## **NERVE-RELATED CONDITIONS**

DR-HO'S Circulation Promoter works by stimulating the nerves with gentle electrical pulses that cause the muscles to alternately contract and relax. The various frequencies and intensity of the electrical pulses cause different degrees of muscle contraction and vibration. The variety of nerve stimulation simulates many different techniques of deep soothing massage. In fact, DR-HO'S Circulation Promoter is scientifically proven to help relieve pain, relax tense muscles and promote circulation. This system can be both helpful and relaxing for people suffering from nerve-related pain.

Anyone suffering with a nerve related ailment should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the

information provided here is not intended to diagnose, treat, cure or prevent any disease.

### **TROUBLE SLEEPING**

Before bedtime, try using DR-HO'S Circulation Promoter on areas that are tight and tense. You can use it on almost any area of your body that is experiencing pain or muscle tension. This can help relax your body and mind. You also don't have to worry about falling asleep with the DR-HO'S Circulation Promoter on, it has a built-in auto shut-off timer to shut itself off while you drift off to deep sleep. Anyone who has difficulty sleeping should consult with their doctor for proper diagnosis and treatment. The use of DR-HO'S Circulation Promoter and the information provided here is not intended to diagnose, treat, cure or prevent any disease.