CareTips

Topic 3: When and how to use Provox LaryTube

When and how to use Provox[®] LaryTube[™]

Provox LaryTube is a soft, silicone tube designed to prevent the stoma from shrinking and can hold Provox® heat and moisture exchangers* (HMEs) or Provox® ShowerAid™. The LaryTube or Provox® OptiDerm™ adhesive can also be used as an alternative to your regular adhesive when the skin is irritated or during radiotherapy if you find you are temporarily unable to use an adhesive.

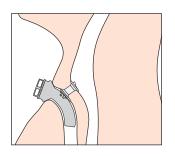
Provox LaryTube is available in three styles:

- **Standard** Can be used without holes for non-voice prosthesis users or your clinician can place customized holes with a Provox® FenestrationPunch for voice prosthesis users. Can be attached with a Provox® TubeHolder, Provox® LaryClip™ or Freevent® Neckband.
- **Fenestrated** Designed with holes for voice prosthesis users so air can go through the tube to the prosthesis. Can be attached with a Provox TubeHolder, Provox LaryClip or Freevent Neckband.
- **Blue Ring** Can be used without holes for non-voice prosthesis users or your clinician can place customized holes with a Provox® FenestrationPunch for voice prosthesis users. Can only be attached with a Provox® adhesive.



- Provox LaryTube is available in four diameters and three lengths.
- The stoma should be just slightly bigger than the Provox LaryTube.
- It is important that the Provox LaryTube you use is of the correct type, width and length. The LaryTube should fit well into your stoma without causing irritation. Your clinician can help you determine which LaryTube is the best solution for you.
- **Tip:** Voice prosthesis users should be cautious when inserting Provox LaryTube. Direct the LaryTube in and down to avoid catching the voice prosthesis with the end of the LaryTube as this may cause accidental dislodgement.
- **Tip:** Contact your clinician if you experience irritation from the tube or if you feel the tube has become too large or too small. You may need a different size.







^{*}Provox LaryTube is not compatible with Provox® Luna® HME. Consult your clinician regarding which HME is best for you.

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2. Inserting Provox LaryTube

- Lightly moisten the tube with water or a thin coating of water-soluble lubricant.
- Insert Provox LaryTube into the stoma.
- Attach Provox LaryTube to Provox LaryClip, a Provox TubeHolder or Freevent Neckband. If using the LaryTube with blue ring, attach with a Provox adhesive.
- Insert Provox HME into the cassette holder.



- · Hold Provox LaryTube in place with one hand.
- With other hand, hold Provox HME and gently twist. Remove the HME while keeping the LaryTube in place.

4. Cleaning the Provox LaryTube

- Clean the LaryTube using the appropriate size Provox® TubeBrush at least once a day or whenever it becomes clogged with secretions. Provox® Brush can be used to clean the punctures of a fenestrated LaryTube.
- Clean and disinfect the LaryTube according to the Instructions for Use.



Provox LaryTube with Provox LaryClip



