



FIVE EFFECTIVE METHODS

For Securing Male External Catheters

For Use with Uro-Con[®] Texas-Style and Uro-Cath[®]
Molded-Latex Style External Catheters.

READ ALL INSTRUCTIONS CAREFULLY

Care must be taken at all times when securing male external catheters. If applied too tight, serious damage can be caused by tapes, foam strips, etc.

Choose the method which best suits your requirements. Follow the instructions carefully. In most cases, good results are obtained with an erection to prevent possible problems with circulation.

Always clean penis thoroughly. Inspect penis for skin lesions or any other form of skin irritation or breakdown. Consult your physician before using. Understand the instructions of the method to be used before attempting application of catheter.

SUGGESTED METHODS OF APPLICATION

Care must be taken at all times when securing male external catheters.

Method A is the most widely used, but least reliable.

Method B is easy to apply and is reliable for daily use.

Method C is reliable and anatomically safe with retractions.

Method D is a one-step improvement over Method C.

Method E is a two-step improvement over Method C.

PLEASE NOTE:

Methods D and E may seem complicated and not necessary in some cases; however, once mastered, they provide the long term user with a very safe and reliable system with maximum benefits.

METHOD A: For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Urofoam® -1 Single-Sided Adhesive Foam Strip

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure A1 and unroll catheter sheath down entire penis shaft as shown in figure A2.

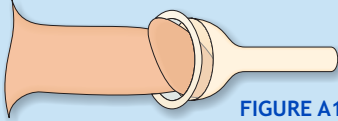


FIGURE A1

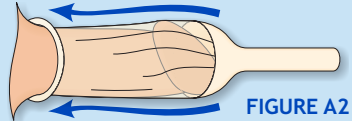
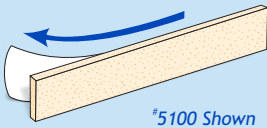


FIGURE A2

Step 2: Remove paper liner from Urofoam® -1 adhesive foam strip.

Step 3: Starting just behind the head of the penis, with the adhesive side down, spiral-wrap the Urofoam® -1 adhesive strip snugly around catheter as shown in figure A3. CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.



*5100 Shown

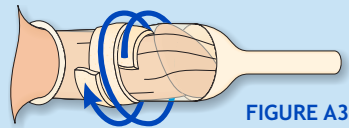


FIGURE A3

Step 4: Connect to drainage system and check periodically.

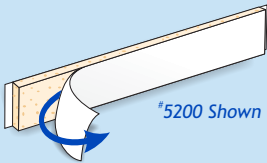
METHOD B: For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Urofoam® -2 Double-Sided Adhesive Foam Strip

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry.

Step 2: Remove *shorter* paper liner from Urofoam® -2 adhesive foam strip.

Step 3: Starting just behind the head of the penis, with the adhesive side down, spiral-wrap the Urofoam® -2 approximately a $\frac{3}{4}$ wrap as shown in figure B1. Then remove the second paper liner as needed and continue around the penis as shown in figures B2. CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.



*5200 Shown

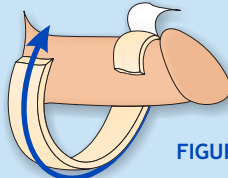


FIGURE B1

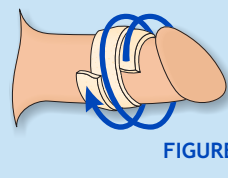


FIGURE B2

Step 4: Then place catheter over head of penis as shown in figure B3 and unroll catheter sheath down entire penis shaft as shown in figure B4. Press sheath firmly onto foam strip to remove any air pockets or creases in sheath to ensure a leak-proof seal.

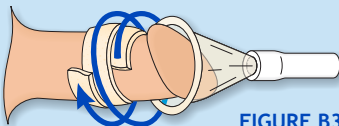


FIGURE B3

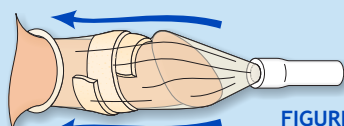


FIGURE B4

Step 5: Connect to drainage system and check periodically.

METHOD C: For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Uro-Bond® Brush-on Silicone Adhesive only

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure C1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

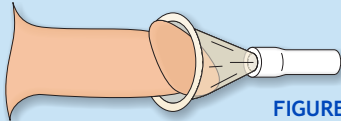


FIGURE C1

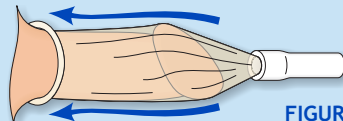


FIGURE C2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure C2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

METHOD D: For Uro-Con® Texas-Style Male External Catheters

Use: Uro-Bond® and Constay® Tape or Urofoam®-1

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure D1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

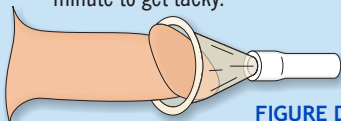


FIGURE D1

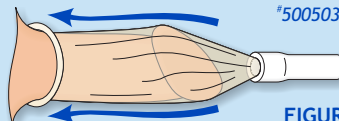


FIGURE D2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure D2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

Step 4: Remove bead (rubber ring) if necessary—see figure D3.

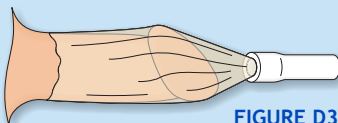


FIGURE D3

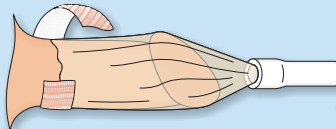
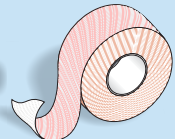


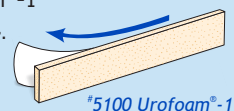
FIGURE D4



Adhesive Fabric Tape

Step 5: Cut enough Constay® tape to encircle penis at least once or use a Urofoam®-1 strip to encircle penis. Place the Constay® or Urofoam®-1 strip half on and half off the catheter sheath as shown in figure D4.

Step 6: Connect to drainage system and check periodically.



METHOD E: For Uro-Con® Texas-Style Male External Catheters

Use: Uro-Bond® and Constay® Tape or Urofoam® -1

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure E1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

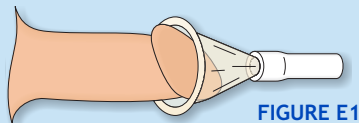


FIGURE E1

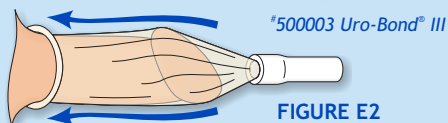


FIGURE E2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure E2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

Step 4: Reverse direction and unroll catheter sheath back up the penile shaft about 1" (2.5cm) as in figure E3 below.

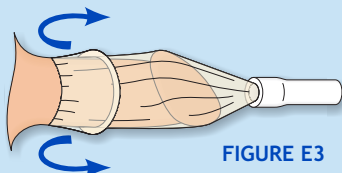
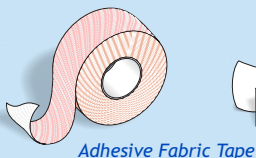


FIGURE E3



Adhesive Fabric Tape



#5100 Urofoam® -1

Step 5: Cut enough Constay® tape to encircle penis at least once or use a Urofoam® -1 strip. Place the Constay® or Urofoam® -1 strip half on/half off the catheter sheath as shown in figure E4.

Step 6: Encircle at least once—press the Constay® tape or Urofoam® -1 strip firmly against the skin and catheter sheath as shown in figure E5.

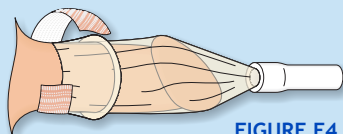


FIGURE E4

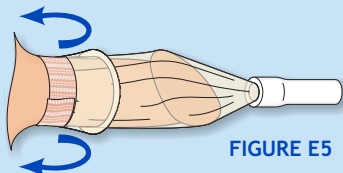


FIGURE E5

Step 7: Reverse direction again and unroll the remaining catheter sheath back over the Constay® tape or Urofoam® -1 strip as shown in figures E6 and E7.

CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.

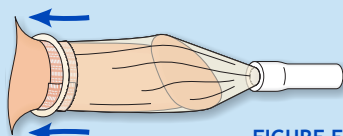


FIGURE E6

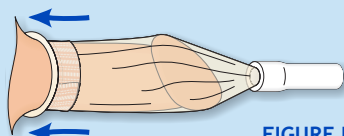


FIGURE E7

Step 8: Connect to drainage system and check periodically.

PRODUCTS REFERENCED IN THESE INSTRUCTIONS:

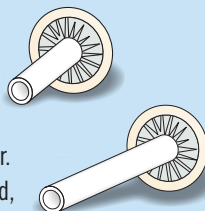
Uro-Cath® “Molded-Latex” Male External Catheters

Formed from a single piece of latex with a funnel-shaped design, they are “twist-proof” which allows the fluid pathway to remain open. Sizes range from 25mm to 40mm. Each catheter is individually with detailed, illustrated application instructions on the back side.



Uro-Con® “Texas-Style” Male External Catheters

Made using a three-piece construction technique that enables them to become “fully collapsible” preventing pooled urine—the #1 source of skin irritation and breakdown. Components consist of a latex sheath similar to a condom, a white-rubber tube and an insert used to hold the product together. Sizes range from 25mm to 35mm. Each catheter is individually with detailed, illustrated application instructions on the back side.



Urofoam® Adhesive Foam Strips

Made with a closed-cell structured foam, easy to apply and remove, hypo-allergenic and urine/moisture resistant which makes them perfect for securing male external urinary catheters to the body. They are available in either a single or double-sided adhesive coating.



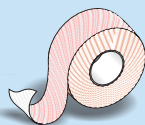
Uro-Bond® Brush-on Silicone Adhesive

Use to secure male external catheters, colostomy, ileostomy and tracheostomy appliances, attaching electrodes, affixing theatrical cosmetics, prosthetic devices, etc. For external use only.



Fabric Adhesive Tape

Select a product that stretches to allow freedom of movement while aiding to secure the catheter. Be certain to use a product that is urine/moisture resistant and one that conforms well to the irregular contours of the body.



Urocare® Adhesive Remover Pads

Used to dissolve and remove unwanted adhesive residue from urinary or ostomy appliances and skin. They have a fresh citrus scent and are free from harsh solvents. Lab tested non-toxic. For external use only.



Uro-Prep® Protective Skin Wipes

Can be used under most types of adhesives. Protects delicate, sensitive skin from aggressive adhesives often used in conjunction with male external catheters and urinary or ostomy appliances. They are safe, effective and for external use only.





RELATED PRODUCTS

Urocare® Reusable Latex Leg Bags

Uro-Safe® Disposable Vinyl Leg Bags

Uro-Kit® Urinary Drainage Systems & Kits

Male Urinal Systems & Kits

Uro-Con® & Uro-Cath® Male External Catheters

Drain Valves & Adaptors

Urinary Drainage Bottles

Uro-Prep® Protective Skin Barrier Wipes

Fabric Leg Bag Holders & Straps

Catheter Straps

Uro-Bond® Brush-on Silicone Adhesive

Urofoam® Adhesive Foam Strips

Urocare® Adhesive Remover Pads

Urolux® Urinary Appliance Cleanser & Deodorant

Connectors & Clamps

Extension & Drainage Tubing

DRI Excel™ & DRI Eclipse™ Bed-Wetting Treatment Alarms



Questions? Comments?
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Urocare Products, Inc.
2735 Melbourne Avenue
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