# **Androvacuum Premium Medical Air Pump - FAQ**

# FAQs about penis vacuum pumps

## Q1. What is vacuum therapy with a penis pump?

**A.** Vacuum therapy is a generally accepted treatment to help patients with erectile dysfunction and impotence achieve penile erection. Penis pumps are also approved by the US FDA as one of the leading treatments for ED and impotence

## Q2. What is Erectile Dysfunction or ED?

**A.** ED or erectile dysfunction is a condition when a man can't achieve or maintain penile erection and thus can't have successful sexual intercourse.

## Q3. What is sexual fitness with a penis pump?

**A.** Sexual fitness are exercises aimed to improve tissue oxygenation through the vacuum system. When made regularly they can improve the erection. It is a vital indicator of sexual and general health as erectile dysfunction and other erection problems can also be an indicator of other diseases and medical conditions (e.g. diabetes, cardio-vascular diseases, urology problems).

# Q4. Does vacuum therapy of a penis pump really work?

**A.** Yes, overcoming ED and impotence problems with the use of penis vacuum pumps has been proven by several studies and is as high as 90% effective in producing an erection, regardless of the cause of ED.

# Q5. What is the principle behind the vacuum treatment?

**A.** Penis vacuum pumps work on a very simple principle of physics – pressure difference. As the air pressure in the pump is reduced by pumping the air out of the cylinder, the blood is pushed from the body into the penis and causes the penis to erect. A constriction ring which is attached at the base of the penis then prevents the blood running back into the body after the pump is removed and thus the penis remains erect.

## Q6. How can I seal between the penis pump and the pelvis tighter?

**A.** Using plenty of lubricant will help. Shaving or trimming the pelvis area will also allow you to position the cylinder better and tighter.

## Q7. Is there any age limit to using the penis pump?

**A.** You should be at least 18 years old to purchase one. There is no upper limit to the user's age.

## Q8. Do I need any training to use the penis pump?

**A.** No training is needed as the penis pump is very simple to use, but it is important to read and follow the instructions to avoid unwanted situations and possible injuries such as abrasion of skin.

## Q9. What causes erectile dysfunction and impotence?

**A.** There are numerous reasons, both physical and psychological. It can be a short term thing due to tiredness, overwork, lack of sleep, anxiety, worries, disgust, etc. or a more serious condition (vascular and heart diseases, diabetes, depression, etc.) which should be treated accordingly. If you have problems with erections, it is advisable to consult your personal physician.

# Q10. How to improve erection?

**A.** A healthy lifestyle (proper diet, exercising, etc.) generally helps improve erection. Stress, overwork, lack of exercise, bad habits (alcohol, tobacco, drugs, etc.) deteriorate it. If the condition is more serious, a doctor can prescribe medicinal treatment or vacuum therapy to help. Regular use of penis pump can improve penis response and erectile function the same way as exercising builds muscles.

## Q11. How to build sexual fitness with a penis pump?

**A.** Using the penis vacuum pump the user should slowly bring the penis into an erection, leave the pump on for another half a minute and then remove it. After the penis returns to flaccid state, the user should start the process again. This should be repeated a few times each day. Gradually, the erection function and its quality will start to improve and erections will become stronger and longer lasting.

# Q12. Does vacuum treatment have to be prescribed by a doctor?

**A.** No, you can purchase a penis pump without a doctor's prescription, but we advise you to consult him before doing so. In addition, it is advised you buy a quality medical vacuum pump, not a cheap product from your local sex shop or a suspicious internet site.

## Q13. Is the penis pump safe to use?

**a.** Penis pumps are completely safe to use as long as all the instructions, recommendations and common sense are followed. You should not use it more than recommended, release the pressure if you feel pain and use plenty of lubricant to avoid abrasion. However, as the Androvacuum penis pump is battery operated, you shouldn't use it in the presence of water.

# Q14. Is the penis pump painful?

**A.** When it is done properly and instructions are followed, it shouldn't cause any pain, there is only a slight sensation of pressure. In any case, Androvacuum penis pump has a safety button which instantly equalizes the pressure in the cylinder and stops the pumping procedure, if any pain or discomfort is felt.

# **FAQs about ED Penis Pump**

## Q1. Is Androvacuum penis pump totally safe?

**A.** Androvacuum does not require surgery, implants, injections nor drugs, the use of which can result in potentially severe side effects. Androvacuum penis pump is a safe and effective solution specifically conceived for: Erection Improvement, Erectile Dysfunction Treatment and Sexual Fitness

## Q2. How is Sexual Fitness Therapy?

**A.** Sexual fitness treatment with Androvacuum is easily understood when referring to the "penis gym" concept. If penis erections are regularly induced, making extra blood flow into the penis, the corpus cavernous will adapt to the new extra flow of blood and will produce it by itself over time. Simply, these erections will make the penis react faster and stronger to future sexual stimulation, as confirmed by scientific studies.

#### Q3. What benefits has the Sexual Fitness?

**A.** The therapeutic benefits of regular use are best understood as the Androvacuum "penis gym" concept. We can talk in terms of regular usage equating to penis exercise with a resulting improvement in "penis fitness". Penile vacuum therapy can help to stretch tissues back to their normal size within as little as 4 weeks of regular use, in combination with an improvement in penile blood circulation.

# Q4. What are the possible negative side effects?

**A.** In some cases when the device is not used properly according to the instructions for use, it may cause abrasion of skin, bruising, and in more severe cases, loss of sensation, discoloration, burst capillaries and temporary impotence. Mostly these injuries and problems are just temporary and go away in a few days. A decrease in the intensity of ejaculation is also possible, as the constriction ring tightens the ejaculation path, though this is not dangerous or harmful.

## Q5. Does penis pump make the penis grow larger?

**A.** Because the pump creates lowered air pressure, the penis can achieve a larger erection than usual, but this is only temporal. With regular use this can stretch the tissues inside the penis a bit. Some studies report penis growth in some patient who used the pump regularly for longer periods of time, but this depends on individual patients.

# Q6. Can a diabetic use the penis pump?

**A.** Erectile dysfunction is common with patients with diabetes and they can use the device safely and without worries.

## Q7. Can I use the device with a blood clotting disorder?

**A.** No, you should not use it if you have problems with blood clotting (e.g. hemophilia).

## Q8. How does Androvacuum penis pump work?

**A.** Andromedical offers its patient the option of restoring their self-esteem with their partner with a simple, safe and easy-to-use medical device: the Androvacuum penis pump.

# Q9. What causes Erectile Dysfunction?

**A.** Erectile dysfunction is the inability to obtain or maintain an erection firm enough for penetration and intercourse. There are many causes ranging from anxiety or psychological issues to physical and medical conditions such as diabetes, high blood pressure, excess alcohol or other drug use, smoking, multiple sclerosis, Parkinson's disease, and even some prescription medications.

## Q10. Can I use Androvacuum penis pump with Oral Medication?

**A.** Androvacuum can be used in combination with oral agents (medicine) for erectile dysfunction and help patients that suffer from it by:

- Reducing the dose of oral agents needed to produce an erection
- Minimizing an oral agent's side effects
- Avoiding oral agent's inconveniences such as having to plan sexual intercourse ahead of time

## Q11. Can I use the penis pump if I had an operation?

**A.** This depends on individual cases and on the time that has passed since the operation. It is best to consult your treating doctor.

## Q12. Can I use the penis pump if I have a penis implant?

**A.** No, it is not advisable to use the device with penis implants.

## Q13. Can I use the penis pump if I have a piercing in my penis?

**A.** In most cases you can, but additional caution is required. Do not pump as much as you would without a piercing and cease the procedure if you feel any discomfort or pain, or notice any change in the piercing.

# Q14. Can the vacuum therapy be combined with other ED treatments?

**A.** Yes, and it often is. Doctors often combine medicinal treatments with penis pumps as it reduces the necessary amount of medications.