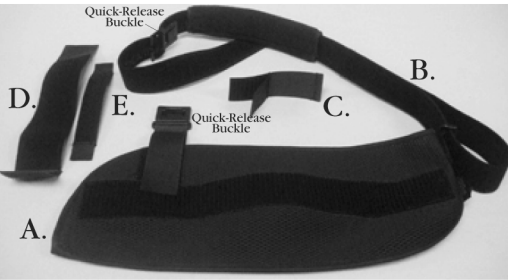


B-COOL SUPER SLING SHOULDER IMMOBILIZER

Application Instructions

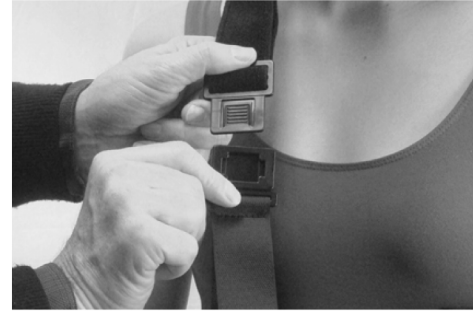
SLING



- A. Sling
- B. Shoulder Strap
- C. Alligator Hook Tab
- D. Elbow Securing Strap (2")
- E. Thumb Securing Strap (1")



B-Cool Super Sling Only



Shoulder Strap Quick-Release Buckle



Waist Strap Quick-Release Buckle

ABDUCTION PILLOW



- A. Pillow
- B. Waist Strap
- C. Alligator Hook Tab



Complete B-Cool Super Sling with Pillow and Exercise Ball



E. Thumb Securing Strap (1")
D. Elbow Securing Strap (2")



Remove Exercise Ball by pulling away from end of pillow. Using the ball encourages exercise and stimulates circulation.

1. Remove hook and loop fasteners from the sling and pillow.
2. Slide sling (A) onto the forearm and tuck the elbow into the bottom closed end of the sling.
3. Position shoulder strap (B) over the unaffected shoulder, adjust the length of the strap (see figure 1) using hook closures (C) on either end of the strap. Attach the strap with the quick release buckle at the wrist.
4. Close the top edge of the sling using elbow strap (D). Attach thumb strap (E) between the thumb and the fingers.
5. Place pillow (A) at the waistline with the quick release buckle located at the end of the pillow. Adjust waist strap (B) (see figure 2) to the optimum length and attach it to the pillow.
6. Attach sling to the pillow by lining up the hook and loop on the pillow with the sling. The pillow can be moved forward or backward to adjust for internal or external rotation.

Figure 1

Both shoulder strap and waist strap(B)can be shortened by cutting the straps with a scissors and re-attaching the alligator hook tab(C). (See above and below)

Figure 2