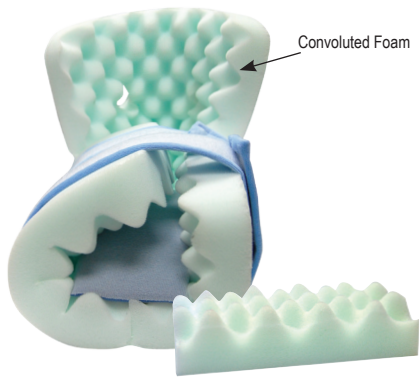
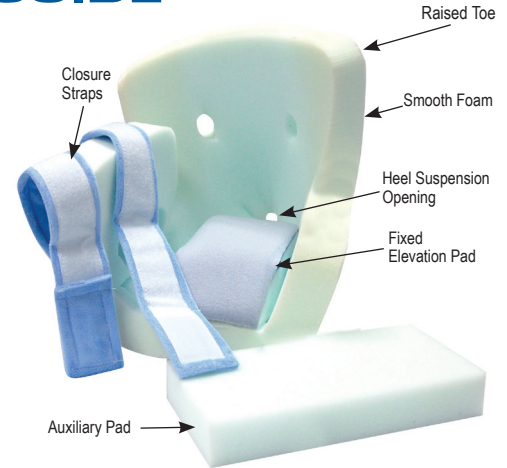


APPLICATION & FITTING GUIDE



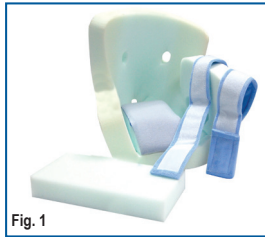
The Skil-Care Foam Pressure Relieving Heel Protector eliminates pressure by off-loading the heel for the prevention and treatment of heel ulcers. Two interiors are available: smooth and convoluted foam. Customized for a unique fit, each heel protector comes with an auxiliary pad. The heel protectors are manufactured of latex-free polyurethane foam and have a heel insert that is covered with a low friction fabric.



Application of Foam Heel Protector

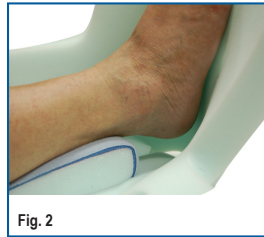
STEP 1

Open up the heel protector (Fig. 1). Set the auxiliary pad aside for future use. It can be used later for customization.



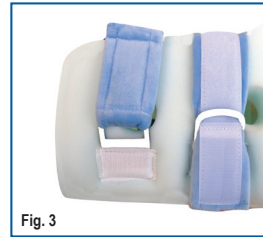
STEP 2

Place patient's foot inside the heel protector. Make certain that the heel is suspended over the air cavity with toes facing upward (Fig. 2).



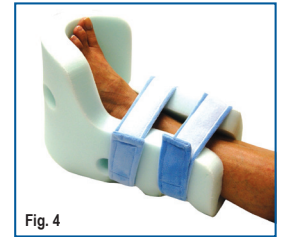
STEP 3

Thread the Velcro® straps through the D-rings and secure the closures. (Fig. 3). Velcro® closures should be snug but not tight.



STEP 4

To ensure a proper fit confirm that the heel is over the heel suspension opening and the straps are comfortably tightened (Fig. 4).



Customizing the Fit



LONGER LEGS

Place the auxiliary pad slightly outward from heel protector to comfortably accommodate a longer leg. Cut the adhesive backing so that the adhesive is in contact with the heel protector.



HIP ROTATION

Secure the auxiliary pad in a horizontal position outside the heel protector. Then secure the straps (Fig. 3).



FOOT DROP

Place the auxiliary pad in a vertical position behind the sole of the foot. Note, ensure that the heel is suspended over the air cavity.

Caution

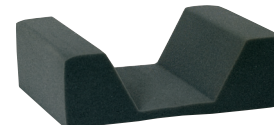
1. Use on bedridden patients only.
2. Do not allow patient to walk or stand on the floor while wearing the protector.
3. Have a medical professional remove heel protector periodically to inspect the skin.
4. Do not over-tighten the straps.
5. Assure that the foot is placed in the protector so that the heel is off-loaded.
6. When used with a Deep Vein Thrombosis (DVT) device, assure that the tubing is not in contact with the skin and the air flow is not compromised.

***Meets CA 117 flammability standards**

Care Instructions for the Foam Heel Protector

- **Hand Washing:** use disinfectant or soap and water.
- **Machine Wash and Dry:** place in a mesh laundry bag and do not dry above 180°F (82°C). After washing and drying an antiseptic spray can be used.

Item No.	Description	Size	U/M
503400	Foam Heel Protector - Smooth	Universal	Each
503450	Foam Heel Protector - Convoluted	Universal	Each
503098	Foot Stabilizer - Foam	Universal	Each



503098 Foot Stabilizer
(Sold Separately)

