

The Complete Guide to HERNIA SUPPORT BELTS

For those With or Without an Ostomy
Provides Support, Comfort, and Improves Appearance



✉ info@nu-hope.com

📘 facebook.com/nuhopelabs

1.800.899.5017
1.818.899.7711 📞

1.818.899.2079

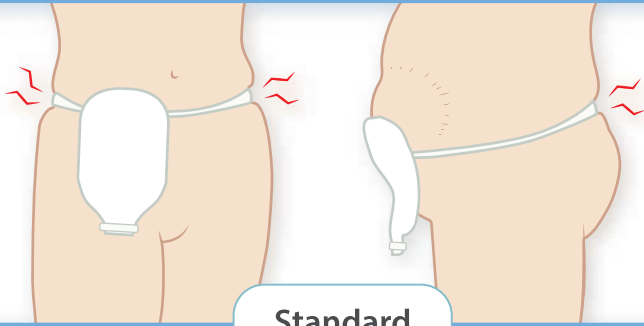


12640 Branford St.
Pacoima, CA. 91331 📠



Nu-Hope Laboratories[®] Inc.

ORIGINAL INNOVATOR OF THE OSTOMY/HERNIA SUPPORT BELT



**Standard
Ostomy
Belts**



**Nu-Hope
Support
Belts**

- Helps protect abdominal hernia repairs & helps minimize recurrence
- Provides 360° degrees of wafer/pouch support for longer wear time
- Adjustable Hook & Loop (Velcro[®]-like) closure for a perfect fit
- Helps prevent lines & bulges
- Helps manage prolapsed stomas



Made In USA

RANGE OF BELTS

Nu-Comfort

A 2" belt; more comfort and support than a standard 1" belt.
Learn more at bit.ly/NuCBelt.

Flat Panel

For those with no hernia or a reducible hernia.

Nu-Form

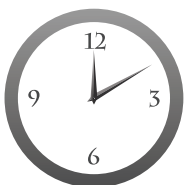
For those with a hernia and/or bulges.

2-Hole

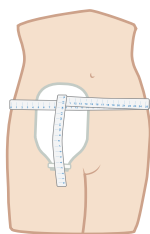
For those with 2 ostomies. Please download instructions at bit.ly/2hbelt.

What you'll need for worksheet

Clock or Timer



Measuring Tape



Pouch



How To Order

Fill Out Worksheet



1

Generate Belt Cat#

**Cat#
2660**

2

Place Order With Your Supplier



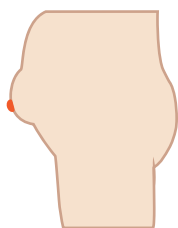
3

1 Belt Styles:

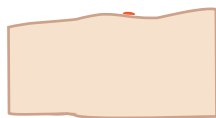
FLAT PANEL

Made with a Non-Stretch Panel
& Pliable Blue Ring

- Supports Small Reducible Hernias
- Flattens Small Bulges
- Helps Protect Hernia Repairs
- Helps Prevent Hernia Formation
- Provides Pouch Support



Standing



Laying for 5 minutes

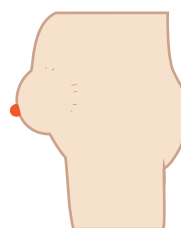
***Fig. 2** Shows a hernia that no longer reduces when laying down for 5 minutes

Note: This product is not intended for back support

NU-FORM

Made Of Elastic With
A Sturdy Beige Ring

- Forms Around Bulges & Other Body Shapes Naturally
- Supports Peristomal Hernias
- Supports Non-Reducible Hernias
- Provides Pouch Support

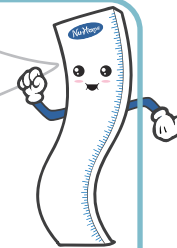


Standing



Laying for 5 minutes

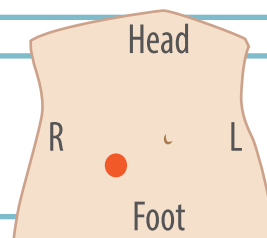
Fig. 2*



2 Elastic Material: **Regular** soft, solid, plush back (polyester, spandex blend) **or**
Cool Comfort breathable, lightweight mesh (polyester, spandex, monofilament/nylon)

3 Color:  **White** or  **Beige** add "BG" before Cat# (example: **Cat# BG6741**)

4 Stoma Location: Stoma on your Left side
or Right side



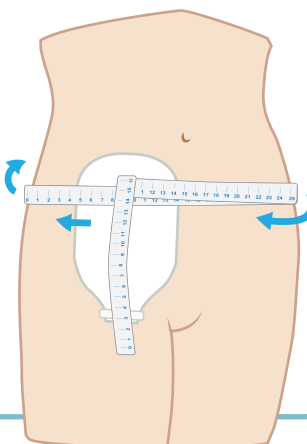
Right Side Shown

5 Girth Measurement: Belt lengths come in sizes **Small - XX Large** Over 52" is Custom

Measure the circumference horizontally around the body, in line with the stoma. If there is no hernia, measure standing in line with stoma.

If herniated, the measurement should be made while laying on the back (supine position) after 5 minutes, and standing.

Tip: If laying measurement falls between sizes, go to the next larger size
If standing measurement falls between sizes, go to next smaller size



6 Width Choices: 3", 4", 5", 6", 7", 8", 9"

Choose smallest possible width based on opening size and hernia size

FLAT PANEL

Maximum Ring Fit For:
3" is 2 3/4"-A & 4" is 3 1/4"-C

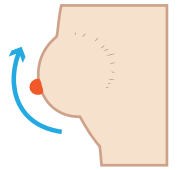
NU-FORM

Maximum Ring Fit For:
3" is 3 1/4"-C & 4" is 3 3/4"-M

IMPORTANT

Measure the hernia (or area you want to support) from bottom to the top. It's typically only

necessary to capture 80% of the hernia



7 Belt Ring Opening:

For a belt with no ring, use -NH for **No Hole**

Available Belt Ring Openings

Available in Nu-Form style only

* Fits Nu-Hope® pouches only ** Standard Opening

E = 2" (51mm)

G = 2 1/2" (64mm)

B = 3" (76mm)

T = 3 1/2" (89mm)

H = MED Oval* 2 3/8" x 3 5/8"

L = 2 1/8" (54mm)

I = 2 5/8" (67mm)

U = 3 1/8" (79mm)

M = 3 3/4" (95mm)

J = LRG Oval* 2 3/4" x 4 1/8"

F = 2 1/4" (57mm)

A = 2 3/4" (70mm)

C = 3 1/4" (83mm)

O = 4" (102mm)

K = XLG Oval* 3 3/8" x 4 5/8"

= 2 3/8" (60mm)**

DC = 2 7/8" (73mm)

V = 3 3/8" (86mm)

R = 4 1/2" (114mm)

W = 2 5/8" x 3 1/8" (67 x 79 mm)

~ Belt ring sets available for measuring ~ Call to find ring size

Q = 2 7/8" x 3 3/8" (73 x 86 mm)

8 Standard Opening Placements:

For FLAT PANEL belts:

3"- 5" width belts have center opening
6"- 9" width belts are 1" from bottom

For NU-FORM belts:

3"- 6" width belts have center belt ring
7"- 9" width belts are 1 1/2" from bottom

9 Optional Prolapse Support Flap:

An added flap to support telescoping stomas



10 Custom Options:

Auxiliary Belt:

Available Belt Width :

☐ 2" ☐ 3" ☐ 4"

☐ Single Layer ☐ Double Layer

Custom Length _____"

Custom Placement _____"

☐ From Top ☐ From Bottom

Other _____

*More info for custom modification on page 7.

FLAT PANEL SUPPORT BELT

Opening placement is center

Width	Size	Girth, Length	Regular Belt Cat #	Cool Comfort Belt Cat #
3"	P/S	16" - 19"	6 5 9 1	6 6 9 1
	P/M	20" - 23"	6 5 9 2	6 6 9 2
	P/L	24" - 27"	6 5 9 3	6 6 9 3
	S	28" - 32"	6 5 9 4	6 6 9 4
	M	32" - 36"	6 5 9 5	6 6 9 5
	L	36" - 41"	6 5 9 6	6 6 9 6
	XL	41" - 47"	6 5 9 7	6 6 9 7
	XXL	47" - 52"	6 5 9 8	6 6 9 8
<i>Note: No oval opening option for 3" belts</i>				
4"	S	28" - 32"	2 6 6 0	2 6 6 5
	M	32" - 36"	2 6 6 1	2 6 6 6
	L	36" - 41"	2 6 6 2	2 6 6 7
	XL	41" - 47"	2 6 6 3	2 6 6 8
	XXL	47" - 52"	2 6 6 4	2 6 6 9
5"	S	28" - 32"	2 7 6 0	2 7 6 5
	M	32" - 36"	2 7 6 1	2 7 6 6
	L	36" - 41"	2 7 6 2	2 7 6 7
	XL	41" - 47"	2 7 6 3	2 7 6 8
	XXL	47" - 52"	2 7 6 4	2 7 6 9

Belt Ring Openings

Ring	Inches	mm
-L	2 1/8"	54
-F	2 1/4"	57
	2 3/8"	60
-I	2 5/8"	67
-A	2 3/4"	70
-DC	2 7/8"	73
-B	3"	76
-U	3 1/8"	79
-C	3 1/4"	83
-H	MEDIUM OVAL**	
-J	LARGE OVAL**	
-K	X LARGE OVAL**	
-W	2 5/8" x 3 1/8"	67x79
-Q	2 7/8" x 3 3/8"	73x86
-NH	NO HOLE IN BELT	

** Note: Fits Nu-Hope® pouches only.



Shown above is Cat#: 2667-H



Shown above is Cat#: BG6703-A



Note: 9" belts are contoured, back of belt shown above

Inches to Metric Sizing

SMALL	28" - 32"	71 - 81cm
MEDIUM	32" - 36"	81 - 91.5cm
LARGE	36" - 41"	91.5 - 104cm
X-LRG	41" - 47"	104 - 117cm
XX-LRG	47" - 52"	117 - 132cm

Opening placement is 1" from bottom

Width	Size	Girth, Length	Regular Belt Cat #	Cool Comfort Belt Cat #
6"	S	28" - 32"	6 6 0 0	6 7 0 0
	M	32" - 36"	6 6 0 1	6 7 0 1
	L	36" - 41"	6 6 0 2	6 7 0 2
	XL	41" - 47"	6 6 0 3	6 7 0 3
	XXL	47" - 52"	6 6 0 4	6 7 0 4
LEFT				
6"	S	28" - 32"	6 6 1 0	6 7 1 0
	M	32" - 36"	6 6 1 1	6 7 1 1
	L	36" - 41"	6 6 1 2	6 7 1 2
	XL	41" - 47"	6 6 1 3	6 7 1 3
	XXL	47" - 52"	6 6 1 4	6 7 1 4
RIGHT				
7"	S	28" - 32"	6 6 2 0	6 7 2 0
	M	32" - 36"	6 6 2 1	6 7 2 1
	L	36" - 41"	6 6 2 2	6 7 2 2
	XL	41" - 47"	6 6 2 3	6 7 2 3
	XXL	47" - 52"	6 6 2 4	6 7 2 4
LEFT				
7"	S	28" - 32"	6 6 2 5	6 7 2 5
	M	32" - 36"	6 6 2 6	6 7 2 6
	L	36" - 41"	6 6 2 7	6 7 2 7
	XL	41" - 47"	6 6 2 8	6 7 2 8
	XXL	47" - 52"	6 6 2 9	6 7 2 9
RIGHT				
8"	S	28" - 32"	6 6 5 0	6 7 5 0
	M	32" - 36"	6 6 5 1	6 7 5 1
	L	36" - 41"	6 6 5 2	6 7 5 2
	XL	41" - 47"	6 6 5 3	6 7 5 3
	XXL	47" - 52"	6 6 5 4	6 7 5 4
LEFT				
8"	S	28" - 32"	6 6 5 5	6 7 5 5
	M	32" - 36"	6 6 5 6	6 7 5 6
	L	36" - 41"	6 6 5 7	6 7 5 7
	XL	41" - 47"	6 6 5 8	6 7 5 8
	XXL	47" - 52"	6 6 5 9	6 7 5 9
RIGHT				
9"	S	28" - 32"	6 6 3 0	6 7 3 0
	M	32" - 36"	6 6 3 1	6 7 3 1
	L	36" - 41"	6 6 3 2	6 7 3 2
	XL	41" - 47"	6 6 3 3	6 7 3 3
	XXL	47" - 52"	6 6 3 4	6 7 3 4
LEFT				
9"	S	28" - 32"	6 6 4 0	6 7 4 0
	M	32" - 36"	6 6 4 1	6 7 4 1
	L	36" - 41"	6 6 4 2	6 7 4 2
	XL	41" - 47"	6 6 4 3	6 7 4 3
	XXL	47" - 52"	6 6 4 4	6 7 4 4
RIGHT				

Opening placement is center

Opening placement is 1 1/2" from bottom

Width	Size	Girth, Length	Regular Belt Cat #	Cool Comfort Belt Cat #
3"	S	28" - 32"	6 3 0 0	6 4 0 0
	M	32" - 36"	6 3 0 1	6 4 0 1
	L	36" - 41"	6 3 0 2	6 4 0 2
	XL	41" - 47"	6 3 0 3	6 4 0 3
	XXL	47" - 52"	6 3 0 4	6 4 0 4
4"	S	28" - 32"	6 3 1 0	6 4 1 0
	M	32" - 36"	6 3 1 1	6 4 1 1
	L	36" - 41"	6 3 1 2	6 4 1 2
	XL	41" - 47"	6 3 1 3	6 4 1 3
	XXL	47" - 52"	6 3 1 4	6 4 1 4
5"	S	28" - 32"	6 3 2 0	6 4 2 0
	M	32" - 36"	6 3 2 1	6 4 2 1
	L	36" - 41"	6 3 2 2	6 4 2 2
	XL	41" - 47"	6 3 2 3	6 4 2 3
	XXL	47" - 52"	6 3 2 4	6 4 2 4
6"	S	28" - 32"	6 3 3 0	6 4 3 0
	M	32" - 36"	6 3 3 1	6 4 3 1
	L	36" - 41"	6 3 3 2	6 4 3 2
	XL	41" - 47"	6 3 3 3	6 4 3 3
	XXL	47" - 52"	6 3 3 4	6 4 3 4
7" LEFT	S	28" - 32"	6 3 4 0	6 4 4 0
	M	32" - 36"	6 3 4 1	6 4 4 1
	L	36" - 41"	6 3 4 2	6 4 4 2
	XL	41" - 47"	6 3 4 3	6 4 4 3
	XXL	47" - 52"	6 3 4 4	6 4 4 4
7" RIGHT	S	28" - 32"	6 3 4 5	6 4 4 5
	M	32" - 36"	6 3 4 6	6 4 4 6
	L	36" - 41"	6 3 4 7	6 4 4 7
	XL	41" - 47"	6 3 4 8	6 4 4 8
	XXL	47" - 52"	6 3 4 9	6 4 4 9
8" LEFT	S	28" - 32"	6 3 5 0	6 4 5 0
	M	32" - 36"	6 3 5 1	6 4 5 1
	L	36" - 41"	6 3 5 2	6 4 5 2
	XL	41" - 47"	6 3 5 3	6 4 5 3
	XXL	47" - 52"	6 3 5 4	6 4 5 4
8" RIGHT	S	28" - 32"	6 3 5 5	6 4 5 5
	M	32" - 36"	6 3 5 6	6 4 5 6
	L	36" - 41"	6 3 5 7	6 4 5 7
	XL	41" - 47"	6 3 5 8	6 4 5 8
	XXL	47" - 52"	6 3 5 9	6 4 5 9
9" LEFT	S	28" - 32"	6 3 6 0	6 4 6 0
	M	32" - 36"	6 3 6 1	6 4 6 1
	L	36" - 41"	6 3 6 2	6 4 6 2
	XL	41" - 47"	6 3 6 3	6 4 6 3
	XXL	47" - 52"	6 3 6 4	6 4 6 4
9" RIGHT	S	28" - 32"	6 3 6 5	6 4 6 5
	M	32" - 36"	6 3 6 6	6 4 6 6
	L	36" - 41"	6 3 6 7	6 4 6 7
	XL	41" - 47"	6 3 6 8	6 4 6 8
	XXL	47" - 52"	6 3 6 9	6 4 6 9

Note: 9" belts are contoured

NU-FORM SUPPORT BELT

Examples Below:

Cat#: 6300-L

Cat#: BG6411-H

Cat#: 6422-A

Cat#: BG6332

Cat#: 6343-H

Cat#: BG6457-U

Cat#: 6464-M

Belt Ring Openings

Ring	Inches	mm
-E	2"	51
-L	2 1/8"	54
-F	2 1/4"	57
	2 3/8"	60
-G	2 1/2"	64
-I	2 5/8"	67
-A	2 3/4"	70
-DC	2 7/8"	73
-B	3"	76
-U	3 1/8"	79
-C	3 1/4"	83
-V	3 3/8"	86
-T	3 1/2"	89
-M	3 3/4"	95
-O	4"	102
-R	4 1/2"	114
-H	MEDIUM OVAL**	
-J	LARGE OVAL**	
-K	X LARGE OVAL**	
-W	2 5/8" x 3 1/8"	67x79
-Q	2 7/8" x 3 3/8"	73x86
-NH	NO HOLE IN BELT	

**Note: Fits Nu-Hope® pouches only

How to generate a Support Belt Catalog #:

Standard Belt

Cat#: 6422 Nu-Form Style, Cool Comfort Elastic, White, Size Large, 5" Width, with a **2 3/8" Belt Ring**

Beige Color Belt | add "BG" before belt number

Cat#: BG6422 Nu-Form Style, Cool Comfort Elastic, **Beige**, Size Large, 5" Width, with a 2 3/8" Belt Ring

Change Belt Ring | add Letter after belt number

Cat#: 6422-A Nu-Form Style, Cool Comfort Elastic, White, Size Large, 5" Width, with a **2 3/4" Belt Ring**

w/ Prolapse Support Flap | add "P" between belt # & Ring

Cat#: 6422-P-A Nu-Form Style, Cool Comfort Elastic, White, Size Large, 5" Width, **Prolapse Support Flap**, with a 2 3/4" Belt Ring

Custom Order | add "SP" after belt number, w/ DESC Cat#: 6422-SP

White, 5" Width, Nu-Form Style, Cool Comfort Elastic, Size Large, 2 3/8" Belt Ring, **Special Order (MUST INCLUDE DESCRIPTION)**

Prolapse Flap shown below



Inches to Metric Sizing

SMALL	28" - 32"	71 - 81cm
MEDIUM	32" - 36"	81 - 91.5cm
LARGE	36" - 41"	91.5 - 104cm
X-LRG	41" - 47"	104 - 117cm
XX-LRG	47" - 52"	117 - 132cm

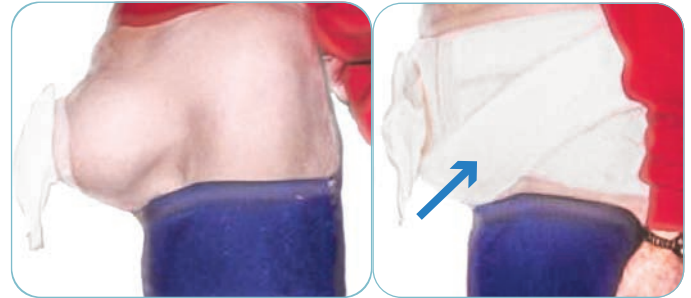
AUXILIARY BELT

Supplemental straps added to the belt to support large, heavy and/or pendulous herniations

Options:

- 2", 3" and 4" widths
- Single or double layer

Offers sling-like, uplifting support



ADDITIONAL MODIFICATIONS:

- | | | |
|-------------------------|-----------|-------------------|
| • Custom Overall Length | • ##OL | ex. BG6433-F-41OL |
| • Thumb Loop(s) | • TL# | ex. BG6458-B-TL2 |
| • Auxiliary SNG/DBL | • XS#/XD# | ex. BG6447-B-XS3 |
| • Center Placement | • CP | ex. BG6702-A-CP |
| • Non-Contoured | • NCT | ex. BG6969-A-NCT |
| • Contoured | • CT | ex. BG6452-M-CT |



For 2 Openings, you'll need our 2-hole belt worksheet @ bit.ly/2hbelt.

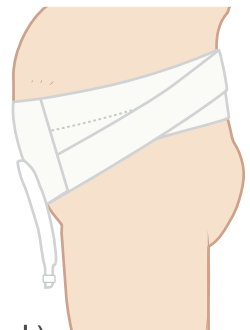


Band Separation: An Easy Alteration You Can Do

Benefits:

- Provides more support under the hernia
- Provides better mobility
- Provides better comfort by lifting the lower band, while the top of the belt compresses

Cut thread to fully separate the bottom band from the upper band(s). Cut from the hook end of the closure to the edge of the Flat Panel or Belt Ring. (don't cut hook end)

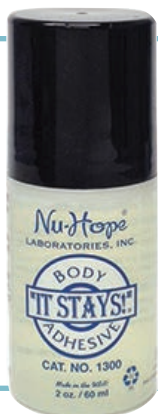


To separate elastic bands, cut thread between the elastic bands

White Regular



Beige Cool Comfort



Belt Shifting or Sliding Around?

IT STAYS!

Body Adhesive®

2 oz. (59ml) Cat#1300

WE CAN INSTALL A RING ON YOUR GARMENT*



Send us your garment and we'll install a ring for your pouch!



*Girdles / Compression Shorts are not sold by Nu-Hope

This is not an order form

Nu-Hope does not sell directly to the public. Please contact your medical supplier to place your order.

Building your Belt

Use the guide to find your catalog # or use this worksheet for your notes and visit nu-hope.com to use our Online Belt Catalog # Generator

(check one from each only)

1 Belt Style : ☐ Flat Panel or ☐ Nu-Form

2 Elastic Material: ☐ Regular or ☐ Cool Comfort

3 Belt Color : ☐ White  or ☐ Beige 

4 Stoma Location : ☐ Left or ☐ Right

5 Girth Measurement : Supine (Laying for 5 minutes ⌚) _____ " & **Standing** _____ "

(check one only) 31 overall 35 overall 39 overall 43 overall 47 overall

Belt Size : ☐ SM 28"-32" ☐ MD 32"-36" ☐ LG 36"-41" ☐ XL 41"-47" ☐ XXL 47"-52" (Over 52" is Custom*; See #10)

6 Width Choice : ☐ 3" ☐ 4" ☐ 5" ☐ 6" ☐ 7" ☐ 8" ☐ 9" (check one only)

7 Pouch MFG : _____ **Pouch#:** _____
or Belt Ring / Opening Size : - _____ "

8 Opening Placement : ☐ Standard { Flat Panel: 3"- 5" are center, 6"- 9" are 1" from bottom
Nu-Form: 3"- 6" are center, 7"- 9" are 1½" from bottom
☐ Custom* (see #10)

9 Optional Prolapse Support Flap: ☐ Yes

10 Custom Options :

Custom Placement _____ "

☐ From Top ☐ From Bottom

Custom Length _____ "

Custom Measurement _____ " Other _____ "

Center of stoma to bottom of hernia

Auxiliary Belt:

Available Belt Width :

☐ 2" ☐ 3" ☐ 4"

☐ Single Layer ☐ Double Layer

FOR NU-HOPE USE ONLY

☐ EMAILED or ☐ FAXED

On DATE: ____/____/20____

Recorded By (INITIAL): _____

BELT CATALOG #: _____ **DATE:** ____/____/20____

*** Custom Description:** _____

*** How To Order Customs:** For belt opening custom placement, please call us at (800) 899-5017 or email info@nu-hope.com.
For other customizations, see Additional Modifications on page 7.