

EvaCare®

Health Care Products for Women



SRS
MEDICAL
Advancing Pelvic Health



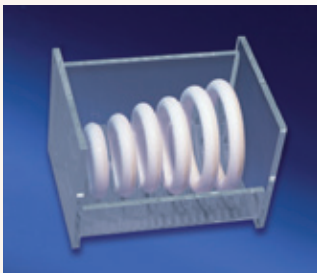
EvaCare is a group of high quality health care products for women. These products are designed to help manage uniquely feminine conditions using minimally invasive techniques and products. EvaCare pessaries are 100% silicone pessaries that are used in the management of incontinence and vaginal prolapse of the urogenital organs.

EvaCare pessaries are soft and pliable, making them easy to insert and remove. Through the many sizes and shapes that are available, EvaCare is able to offer many options for the wide ranging needs of your patients.

EvaCare®



The Variety of EvaCare Pessaries



The Fitting Set

The Fitting Set is comprized of six different ring pessary sizes that can be used to determine the proper size of pessary for each patient. The Set comes with a cross reference chart that translates ring size into the correct size of other EvaCare pessaries. The Fitting Set can be disinfected in three ways: autoclaved, boiled or cold sterilized.

Ring *Flexible Silicone Pessary*



"Not only does the EvaCare Ring pessary support a mild uterine prolapse and a cystocele, but it can also be helpful when used as a diagnostic device during urodynamic testing. The Ring can help to show what effect surgery may have as well as what type of surgery will be most beneficial for the patient. The pessary can act as a surgical facsimile predicting the need for anti-incontinence surgery."

-David Chaikin, M.D.

Morristown Urology Northeastern Urological Associates

The Ring pessary, available in nine sizes, both with and without support, is a very common pessary for a first to second degree prolapse. The Ring with Support can also be used on an accompanying cystocele. Insertion is eased with the folding action of the Ring.

Ring Placement



Ring Sizes Available

Without Support		With Support	
R2.00	#1	R2.00S	#1
R2.25	#2	R2.25S	#2
R2.50	#3	R2.50S	#3
R2.75	#4	R2.75S	#4
R3.00	#5	R3.00S	#5
R3.25	#6	R3.25S	#6
R3.50	#7	R3.50S	#7
R3.75	#8	R3.75S	#8
R4.00	#9	R4.00S	#9

Oval *Flexible Silicone Pessary*



"The Oval pessary works extremely well in women with a prior history of vaginal surgery, resulting in scarring and in some cases, palpable sutures from anterior repair or bladder suspension procedures. Where a round pessary is too wide, the Oval pessary fits well and is comfortable and effective."

-Rita Martel, R.N., A.N.P.

University of Colorado Health Science Center

The Oval pessary performs the same function as the Ring pessary but it is designed specifically to fit a narrow vaginal vault. It is available in nine sizes, all with support, and is used for a first to second degree prolapse as well as an accompanying cystocele.

Oval Placement



Oval Sizes Available

OV2.00S	#1	OV3.25S	#6
OV2.25S	#2	OV3.50S	#7
OV2.50S	#3	OV3.75S	#8
OV2.75S	#4	OV4.00S	#9
OV3.00S	#5		

Shaatz Flexible Silicone Pessary



“The Shaatz pessary is versatile because it will help alleviate symptoms from uterine prolapse and cystocele. The convexity of its shape provides a snug fit. Additionally the design with the drainage ports allows easier removal by the patient who is dextrous enough to maintain her own pessary.

- Charlotte Kelley, G.N.P., A.R.N.P.
Des Moines, IA

The Shaatz pessary, available in nine sizes, is used for second to third degree prolapse and an accompanying cystocele.

Shaatz Placement



Shaatz Sizes Available

SH1.50	#0	SH2.75	#5
SH1.75	#1	SH3.00	#6
SH2.00	#2	SH3.25	#7
SH2.25	#3	SH3.50	#8
SH2.50	#4		

Gellhorn Flexible Silicone Pessary



“The Gellhorn pessary is my first choice for women with more advanced pelvic organ prolapse. It is easy to insert and remove, and allows for self-care. This device is also less likely to be expelled.”

-Penny Jenkins R.N.C., B.S.N., W.H.C.N.
Colorado Gynecology & Continence Center

The Gellhorn pessary is used for a second to third degree prolapse, or procidentia. It has drainage holes in its base and comes in nine sizes. The knob of the Gellhorn easily folds over for insertion, and once in place rests on the posterior vaginal wall.

Gellhorn Placement



Gellhorn Sizes Available

G1.50D	#0	G2.75D	#5
G1.75D	#1	G3.00D	#6
G2.00D	#2	G3.25D	#7
G2.25D	#3	G3.50D	#8
G2.50D	#4		

Dish Flexible Silicone Pessary

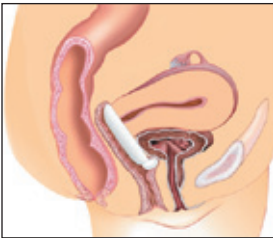


"The Incontinence Dish is designed to provide bladder neck support as well as to support a cystocele. It is easy to fit, stays in place and some patients have actually left the office dry!"

-Diane A. Smith, R.N., M.S.N, C.R.N.P.
Northeastern Urological Associates

The Incontinence Dish is used to relieve stress incontinence and minor degrees of prolapse. The Incontinence Dish comes with and without support. It is available in eight different sizes.

Dish Placement



Dish Sizes Available

Without Support		With Support	
DSH50	#0	DSH50S	#1
DSH55	#1	DSH55S	#2
DSH60	#2	DSH60S	#3
DSH65	#3	DSH65S	#4
DSH70	#4	DSH70S	#5
DSH75	#5	DSH75S	#6
DSH80	#6	DSH80S	#7
DSH85	#7	DSH85S	#8

Mar-Land Flexible Silicone Pessary



"The Mar-Land pessary offers excellent support for moderate to extensive cystocele, as well as providing support for the bladder neck in managing stress incontinence."

-Rita Martel, R.N., A.N.P.
University of Colorado Health Science Center

The Mar-Land is used for stress incontinence and minor prolapse. It is available both with and without support in seven different sizes.

Mar-Land Placement



Mar-Land Sizes Available

Without Support		With Support	
M2.25	#2	M2.25S	#2
M2.50	#3	M2.50S	#3
M2.75	#4	M2.75S	#4
M3.00	#5	M3.00S	#5
M3.25	#6	M3.25S	#6
M3.50	#7	M3.50S	#7
M3.75	#8	M3.75S	#8

Hodge Flexible Folding Silicone Pessary

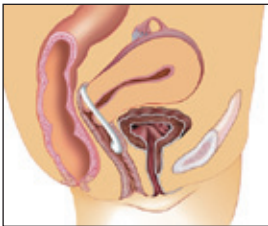


“Consider a Hodge pessary for a young, reproductive age woman with stress incontinence, who prefers conservative therapy.”

-G. Willy Davila, M.D., F.A.C.O.G
Cleveland Clinic Florida

The Hodge folding pessary has wires that allow it to be manually shaped for different anatomies. It can be used for a first to second degree prolapse, cystocele, stress incontinence and an incompetent cervix or uterine retroversion. It is available in ten sizes both with and without support. Because of the shapable wires, the Hodge pessary must be removed during x-ray, ultrasound and MRI.

Hodge Placement



Hodge Sizes Available

Without Support		With Support	
HD65	#0	HD65S	#0
HD70	#1	HD70S	#1
HD75	#2	HD75S	#2
HD80	#3	HD80S	#3
HD85	#4	HD85S	#4
HD90	#5	HD90S	#5
HD95	#6	HD95S	#6
HD100	#7	HD100S	#7
HD105	#8	HD105S	#8
HD110	#9	HD110S	#9

Gehrung Flexible Folding Silicone Pessary



“The Gehrung pessary’s flexibility and adaptability makes it an excellent choice for support of significant cystocele and rectocele, especially in cases of associated procidentia.”

-Mary C. Dupont, M.D., F.A.C.S.
Bethesda, MD

The Gehrung pessary has wires that allow it to be manually shaped for different anatomies. It is used to support both cystoceles and rectoceles as well as second to third degree uterine prolapse. It is available in nine sizes. Because of the shapable wires, the Gehrung pessary must be removed during x-rays, ultrasounds and MRIs.

Gehrung Placement



Gehrung Sizes Available

GH50S	#0	GH75S	#5
GH55S	#1	GH80S	#6
GH60S	#2	GH85S	#7
GH65S	#3	GH90S	#8
GH70S	#4		

Donut Flexible Silicone Pessary



"I often use the Donut pessary on my patients with severe prolapse who are not immediately appropriate for surgery. It works well in a vaginal vault with little or no support, the type commonly found in older, post-menopausal women."

-G. Willy Davila, M.D., F.A.C.O.G
Cleveland Clinic Florida

The Donut pessary is designed for third degree prolapse as well as cystocele and rectocele. The soft donut can be compressed for insertion. It is available in seven sizes.

Donut Placement



Donut Sizes Available

D2.00	#0	D3.00	#4
D2.25	#1	D3.25	#5
D2.50	#2	D3.50	#6
D2.75	#3		

Cube Flexible Silicone Pessary



"A Cube pessary may be used in women with either a very small or a large introitus due to its malleability. It is a very versatile pessary, but it should be used cautiously."

-G. Willy Davila, M.D., F.A.C.O.G
Cleveland Clinic Florida

The Cube pessary is designed for third degree prolapse, including procidentia, as well as a cystocele and rectocele. The Cube pessary is available both with and without drainage holes and has a silicone tie to aid in removal. The Cube pessary is available in ten sizes.

Cube Placement



Cube Sizes Available

Without Support		With Support	
CU25	#0	CU25D	#0
CU29	#1	CU29D	#1
CU33	#2	CU33D	#2
CU37	#3	CU37D	#3
CU41	#4	CU41D	#4
CU45	#5	CU45D	#5
CU50	#6	CU50D	#6
CU56	#7	CU56D	#7
CU63	#8	CU63D	#8
CU70	#9	CU70D	#9
CU75	#10	CU75D	#10



Pessary Care Guidelines

When fitting a pessary the clinician should perform a normal pelvic examination prior to the introduction and fitting of a pessary. The pelvic exam can help to determine the proper pessary size. The pessary fitting set can also be a useful tool in fitting most EvaCare® pessaries.

All of the EvaCare pessaries fold or compress to ease insertion and removal. Fitting instructions for each style of pessary are included in the pessary package and should be followed.

Patients should be instructed on pessary insertion and removal, as well as cleaning procedures as outlined in the package insert. Patients should be instructed to report any discomfort immediately and regular follow-up visits should be scheduled.

A properly fit pessary should be large enough to perform its designed function but not cause any undue pressure or discomfort. The clinician should be able to insert a finger between the outer rim of a properly fitted pessary and the vaginal wall.

All EvaCare pessaries are contraindicated in patients who have acute genital tract infections, pelvic infections or are non-compliant.

Pessaries can be disinfected by any of the following procedures:

1. Autoclave at 15 lbs. of pressure at 250°F / 121°C for a period of 10 minutes. DONUT PESSARIES CANNOT BE AUTOCLAVED
2. Boil for 15 minutes.
3. Cold Sterilize with Cidex (Johnson & Johnson) or Chlorephenyl (Bard-Parker), then thoroughly rinse with water.

Additional Educational Materials

- ◆ EvaCare Silicone Pessary Education Video
- ◆ The Use and Care of Pessaries (for Patients)
- ◆ Tips on Fitting a Pessary/Pessary Guide Matrix
- ◆ EvaCare Pessaries Anatomical Positioning Diagrams

Ask your SRS Medical representative for free copies or call 800.345.5642.

EvaCare Pessary Guide

Pessary Type	Prolapse		Cystocele	Rectocele	Stress Incontinence	Retro Displacement	Incompetent Cervix	Coitus with Pessary In
	1 st -2 nd Degree	2 nd -3 rd Degree						
Ring	◆		◆					Yes
Oval	◆		◆					Yes
Shaatz		◆	◆		◆			Yes
Dish		◆	◆		◆			Yes
Mar-Land		◆	◆					Yes
Gellhorn		◆	◆	◆				No
Donut		◆	◆	◆				No
Cube		◆	◆	◆				No
Gehrung		◆	◆	◆				Yes
Hodge	◆		◆		◆	◆	◆	Yes

Degrees of Prolapse

Cystocele



Stage 2

Stage 3

Stage 4

Rectocele



Stage 2

Stage 3

Stage 4

Uterine Prolapse



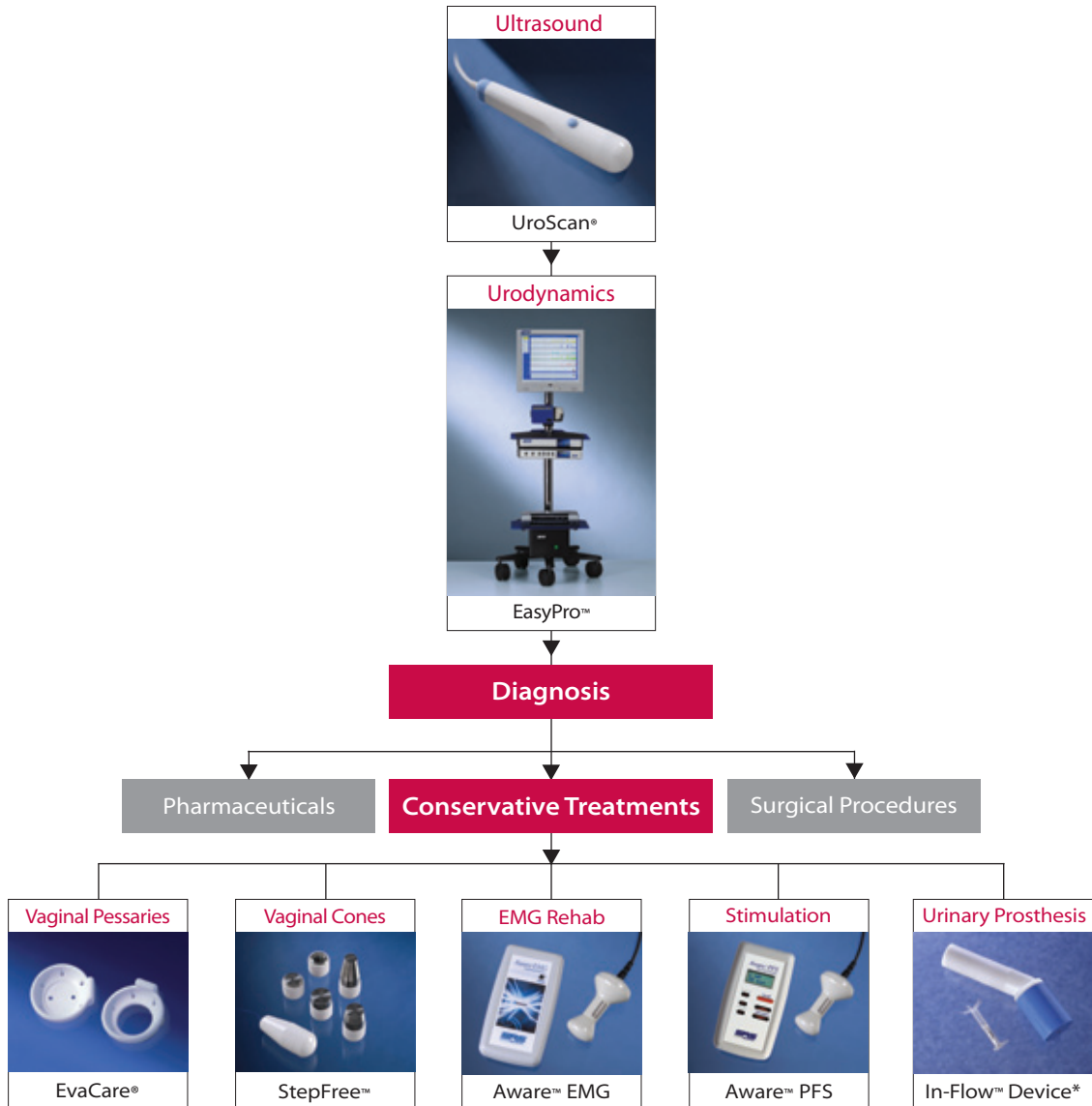
Stage 2

Stage 3

Stage 4



Program for Female Pelvic Health



EvaCare pessaries are part of the SRS Medical product suite for the diagnosis of lower urinary tract symptoms (LUTS) and conservative treatments of urinary incontinence (UI).

*Not available in the U.S.

EvaCare®

Flexible Silicone Pessaries



Ring



Oval



Shaatz



Gellhorn



Dish



Mar-Land



Hodge



Gerhrung



Donut



Cube

EvaCare formerly available from:

Coloplast

and

MENTOR