AccuRelief™

Single Channel TENS

Your guide to natural, drug-free pain relief

Model ACRL-2000

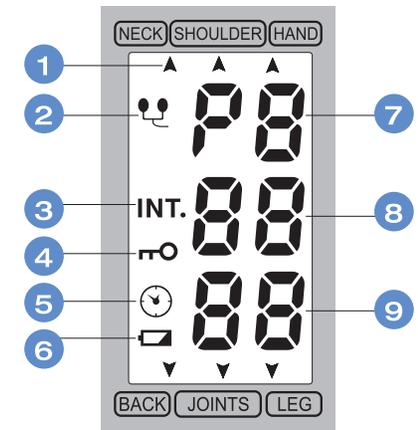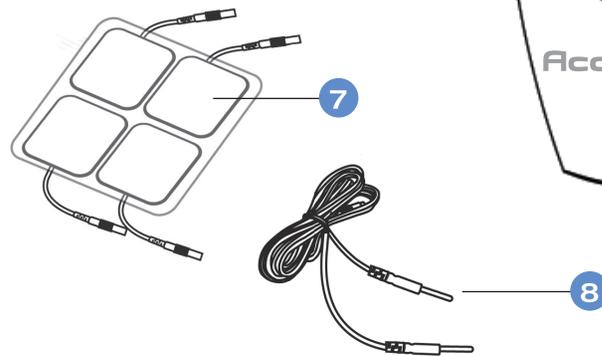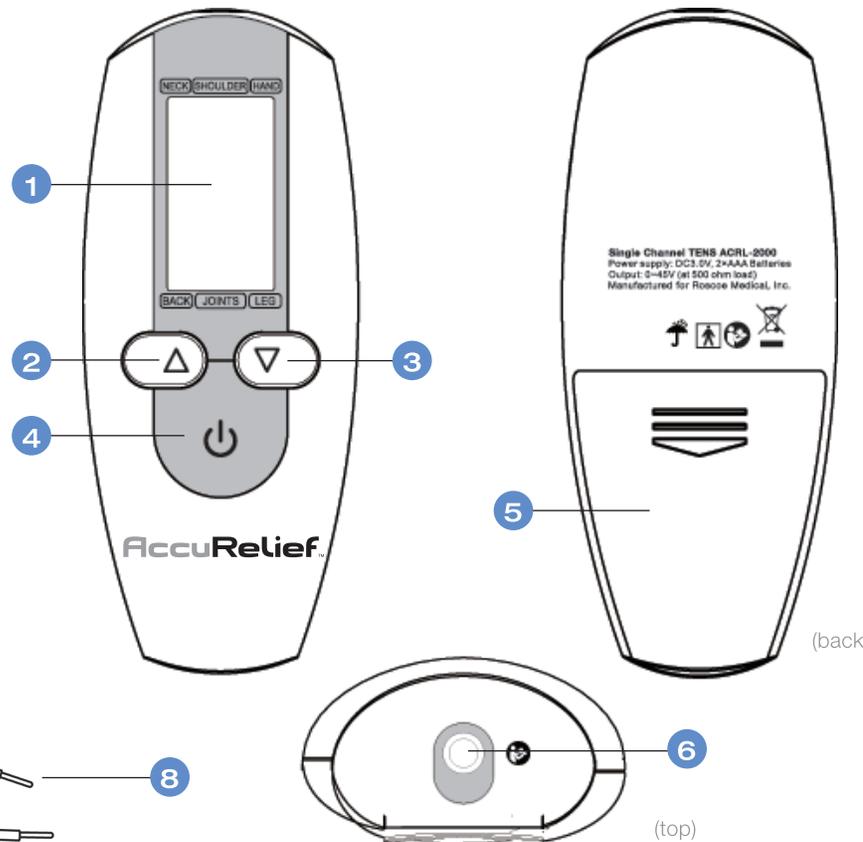*Clinically Proven — SAFE AND EFFECTIVE PAIN RELIEF*

⚠ The purpose of this reference guide is to assist you in correctly operating your AccuRelief™ Single Channel TENS ACRL-2000 unit. This guide is not intended to replace or substitute the AccuRelief™ Single Channel TENS User Manual. **PLEASE READ THE INSTRUCTION MANUAL COMPLETELY BEFORE USING THIS DEVICE.** Read, understand and practice the IMPORTANT SAFETY PRECAUTIONS AND WARNINGS found on pages 5 – 11 of your user manual.

For more information about your AccuRelief™ Single Channel TENS unit, visit us online at www.accurelief.com or call 1-800-328-2935.

AccuRelief™ Single Channel TENS Unit

1. LCD
2. Increase intensity button
3. Decrease intensity button
4. Power ON button / program select button
5. Battery cover
6. Output socket
7. Electrodes (set of 4)
8. Lead wire

Single Channel TENS ACRL-2000
Power supply: DC3.0V, 2×AAA Batteries
Output: 0~45V (at 500 ohm load)
Manufactured for Roscoe Medical, Inc.

(back)

(top)

NECK SHOULDER HAND
INT.
BACK JOINTS LEG

1. Body part treatment indicator
2. Electrode pad indicator
3. Intensity indicator
4. Intensity lock indicator
5. Treatment time indicator
6. Low battery indicator
7. Treatment program
8. Output intensity
9. Treatment time

AccuRelief™

Single Channel TENS

REPLACEMENT PARTS: AccuRelief™ Universal Supply Kit - ACRL-0001 includes four 4-pack of electrodes, two lead wires and an electrode placement guide.

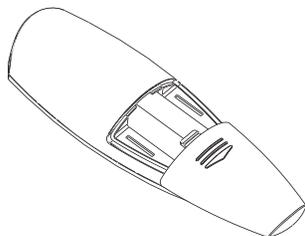⚠️ **Never remove the self-adhesive electrodes from the skin while the device is turned on.**

Safety Lock Feature
The lock function automatically activates when there is no activity in the panel for 30 seconds, and is indicated by a 🔒 display on the LCD. This safety feature prevents accidental changes to your settings such, as accidental increases in the intensity level. Press ▼ button to unlock.
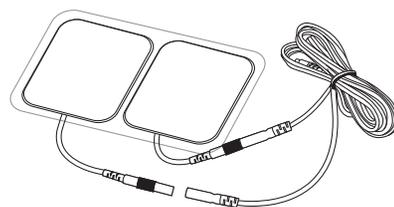
Low battery indicator
When the low power indicator 🔋 flashes on LCD, you should replace the batteries as soon as possible. The device will continue to operate for several more hours.

1 INSERT BATTERIES

Two AAA batteries are included. Remove the back cover by pressing and sliding the cover away from the belt clip. Insert batteries, ➕ and ➖ ends to those in unit. Slide cover back into position.

2 CONNECT LEAD WIRE TO THE ELECTRODES

Firmly insert the end of the lead wire pin into the electrode connectors. Make sure no bare metal of the pins are exposed.

3 CONNECT LEAD WIRE TO TOP OF DEVICE

This unit operates with a single set of two (2) electrodes. Insert the lead wire into the output socket at the top of the unit.
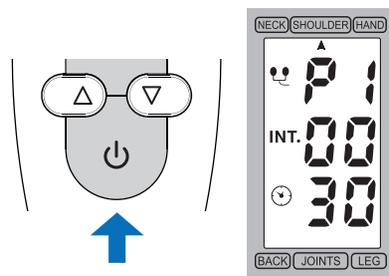
4 PLACE ELECTRODES ON SKIN

Remove electrodes from protective backing. Keep backing to properly store electrodes after use. Apply electrodes to the exact site indicated by your doctor or therapist. Skin at the application site should be clean and dry.
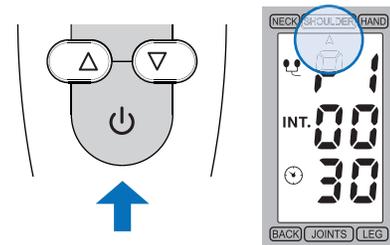
5 TURN ON DEVICE

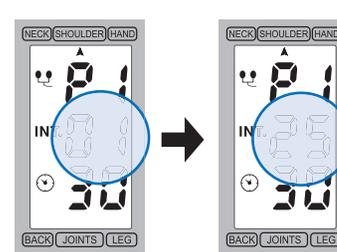Press the ⏻ button to turn on the device. The following screen will appear:
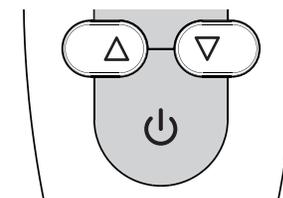
6 SELECT THE THERAPY PROGRAM

Once the device has been powered on, continue to press the ⏻ button to advance the ▲ indicator to select the desired therapy program (P1~P6).

7 START TREATMENT & ADJUST INTENSITY

Press ▲ or ▼ button to adjust the output intensity. The stimulator will start to work. The maximum output intensity level is 25.

8 TURN OFF DEVICE

Press the ⏻ button and hold for five (5) seconds to turn off the device. If there is no operation in the panel for two (2) minutes in the waiting state, the device will turn off automatically.