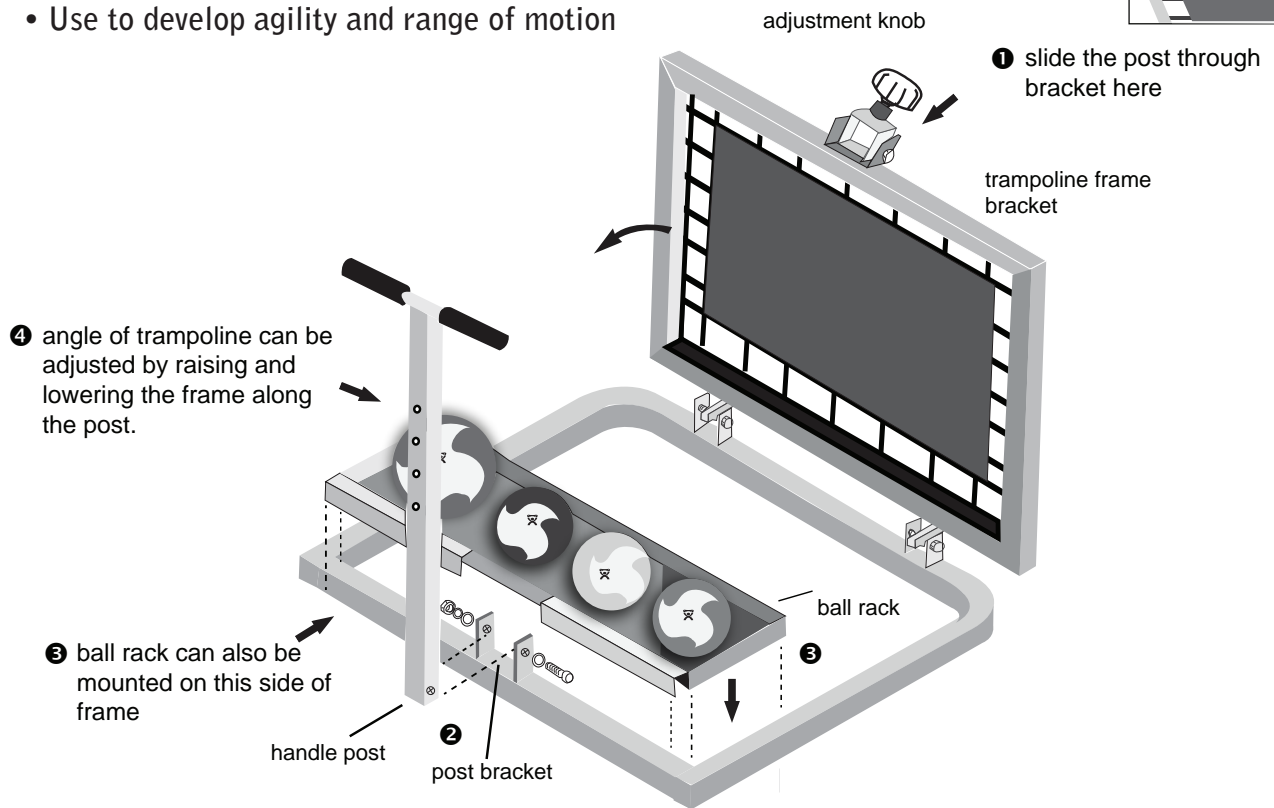
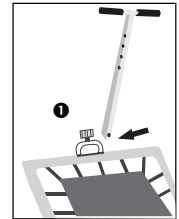




Rectangular P.T. Ball Rebounder 10-3110

- Great for upper body fitness programs using P.T. balls (sold separately)
- Adjustable angle provides variation in training
- Returns the ball at angle, speed and force consistent with throw
- Use to develop agility and range of motion



1. Slide the rebounder handle post through the trampoline frame bracket (insert the post from the front side of the trampoline frame).
2. Align the handle post with the post bracket and bolt the two together.
3. Mount the ball rack onto the base. The rack can be mounted as shown or on the other side of the post.
4. Before using, position the frame bracket at the desired height and angle and tighten the adjustment knob at that height.

CAUTION: Exercise routines should be determined by a healthcare professional



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CE Authorized CE Representative
RMS UK Ltd.
28 Trinity Road
Nailsea, Somerset BS48 4NU (UK)

Additional Cando® balls and ball stand

Cando® rubber medicine balls

| | | weight (kg / lb) | diameter (cm / inches) |
|---------|--------|---------------------|---------------------------|
| 10-3140 | tan | .45 / 1 | 20.3 / 8 |
| 10-3141 | yellow | .90 / 2 | 20.3 / 8 |
| 10-3142 | red | 1.8 / 4 | 20.3 / 8 |
| 10-3143 | green | 3.2 / 7 | 22.9 / 9 |
| 10-3144 | blue | 5.0 / 11 | 22.9 / 9 |
| 10-3145 | black | 6.8 / 15 | 25.4 / 10 |
| 10-3147 | silver | 9.1 / 20 | 27.9 / 11 |
| 10-3148 | gold | 13.6 / 30 | 27.9 / 11 |

10-3146 set of yellow, red, green, blue, black



Cando® P.T. pliable medicine balls

| | | weight (kg / lb) | diameter (cm / inches) |
|---------|--------|---------------------|---------------------------|
| 10-3170 | tan | .45 / 1 | 12.7 / 5 |
| 10-3171 | yellow | .90 / 2 | 12.7 / 5 |
| 10-3172 | red | 1.8 / 4 | 12.7 / 5 |
| 10-3173 | green | 3.2 / 7 | 17.8 / 7 |
| 10-3174 | blue | 5.0 / 11 | 17.8 / 7 |
| 10-3175 | black | 6.8 / 15 | 22.9 / 9 |
| 10-3177 | silver | 9.1 / 20 | 22.9 / 9 |
| 10-3178 | gold | 13.6 / 30 | 22.9 / 9 |

10-3176 set of yellow, red, green, blue, black



5 ball stand

10-3120 vertical ball rack (shown)
10-3121 horizontal ball rack

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10-3110 Cando® Rectangular
P.T. Ball Rebounder



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